

Miscarriage

It is normal to have severe menstrual cramps and vaginal bleeding (like a very heavy period) during a miscarriage. If you are soaking a pad less than an hour for a few hours, or soak a pad in an hour for more than 6 hours, call me. You can take ibuprofen (600mg every 6 hours, with food) as needed.

Please call us if you have:

- Fever higher than 100.4°F (38°C)
- Cramps that last more than 2 days
- Pain that gets worse after the main cramping and bleeding- these should get better each day
- Heavy vaginal bleeding (soaking a pad in an hour, for more than 6 hours), or vaginal bleeding that lasts more than 2 weeks
- Vaginal discharge that is green or smells bad
- Nausea and vomiting

Call our office after the miscarriage to let us know what happened, and if you don't have heavy bleeding and passage of clotty material, we should schedule an appointment about 1.5 weeks later for an ultrasound.