

Name \_\_\_\_\_ Age \_\_\_\_\_

**A. MENSTRUAL HISTORY**

Age periods started \_\_\_\_\_ Are they regular? \_\_\_\_\_ Age of menopause \_\_\_\_\_

Explain \_\_\_\_\_

 1<sup>st</sup> day of last period \_\_\_\_\_ Duration \_\_\_\_\_

Cycle length (start-to-start) \_\_\_\_\_ Cramps? \_\_\_\_\_

**B. GYNECOLOGIC HISTORY**

Current Birth control method \_\_\_\_\_ Date of last Pap Smear? \_\_\_\_\_

Have you ever had/used? If so, when?

Birth Control Pills \_\_\_\_\_ IUD \_\_\_\_\_

Cervix (Cauterized/Frozen) \_\_\_\_\_ D&amp;C \_\_\_\_\_

Tubal Infection (PID) \_\_\_\_\_ Herpes \_\_\_\_\_

Sexually Transmitted Infection (STD) \_\_\_\_\_ Abnormal Pap Smear \_\_\_\_\_

**C. PREGNANCY HISTORY**

Total number of Pregnancies \_\_\_\_\_ # abortions \_\_\_\_\_ # miscarriages \_\_\_\_\_

	Year	Sex	Weight	Vaginal/C-Section	Complications/Comments
1.					
2.					
3.					
4.					
5.					

**D. PAST MEDICAL HISTORY**

Serious Illnesses (childhood &amp; adult)? \_\_\_\_\_

Surgeries/Year Performed, (e.g., tonsils, appendix, etc) \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**E. MEDICATIONS**

List Allergy &amp; Reaction \_\_\_\_\_

List your Medications &amp; Dosage

1. \_\_\_\_\_ 4. \_\_\_\_\_

2. \_\_\_\_\_ 5. \_\_\_\_\_

3. \_\_\_\_\_ 6. \_\_\_\_\_

**F. SOCIAL HISTORY**

Do you smoke? \_\_\_\_\_ How much per week? \_\_\_\_\_

Do you use alcohol? \_\_\_\_\_ How much per week? \_\_\_\_\_

**G. FAMILY HISTORY (please specify relative)**

Cancer \_\_\_\_\_ Suicide/mental Illness \_\_\_\_\_

Heart Disease \_\_\_\_\_ Tuberculosis Exposure \_\_\_\_\_

Stroke \_\_\_\_\_ Diabetes \_\_\_\_\_

High Blood Pressure \_\_\_\_\_