

**SAN DIEGO COASTAL ENDOCRINOLOGY GROUP, a Medical Corporation**

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**Date:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Height:** \_\_\_\_\_ **Marital Status:** \_\_\_\_\_

Do you have any allergies to medications? \_\_\_\_\_ YES \_\_\_\_\_ NO

**Habits:**

How much alcohol do you drink on a daily basis? \_\_\_\_\_

How much do you smoke and for how many years? \_\_\_\_\_

Do you use recreational drugs? \_\_\_\_\_ YES \_\_\_\_\_ NO

**Medical History:**

Do you have a thyroid problem? \_\_\_\_\_ YES \_\_\_\_\_ NO

If YES, Please give details: \_\_\_\_\_

Have you ever been treated with radiation? \_\_\_\_\_ YES \_\_\_\_\_ NO

Do you have any of the following? (*please check*)

\_\_\_\_\_ Weight Change

\_\_\_\_\_ High Cholesterol

\_\_\_\_\_ High Blood Pressure

\_\_\_\_\_ Chest Pain

\_\_\_\_\_ Heart Attack

\_\_\_\_\_ Heart Failure

\_\_\_\_\_ Palpitations / Irregular heart beat

\_\_\_\_\_ Shortness of Breath

\_\_\_\_\_ Loss of Consciousness

\_\_\_\_\_ Numbness or Burning

\_\_\_\_\_ Stroke

\_\_\_\_\_ Infections

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Date of last eye exam by an ophthalmologist: \_\_\_\_/\_\_\_\_/\_\_\_\_

What other symptoms do you have?: \_\_\_\_\_

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**If you have diabetes, please answer the following:**

When were you first diagnosed with diabetes? \_\_\_\_\_

Have you ever been hospitalized because of diabetes, Please give details: \_\_\_\_\_

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If you are on insulin, when was the insulin first started? \_\_\_\_\_

What are the results of recent finger-stick glucose tests done at home? \_\_\_\_\_

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**Hospitalizations:** Date and reasons for hospitalizations/surgeries you have had: \_\_\_\_\_

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**Who in your family has:**

\_\_\_\_\_ Thyroid disease      \_\_\_\_\_ Heart Disease      \_\_\_\_\_ Diabetes      \_\_\_\_\_ Cancer

**Medications:** List your medications (including over the counter meds) and the doses taken: \_\_\_\_\_

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**Females:** Do you have any of the following? (*please check*)

Are you having periods? \_\_\_ YES \_\_\_ NO      Do you have breast milk leakage? \_\_\_ YES \_\_\_ NO

Are your periods regular? \_\_\_ YES \_\_\_ NO      Do you have Excessive body hair \_\_\_ YES \_\_\_ NO