

## **Christopher Sakowski, M.D.**

8210 Walnut Hill Lane, Suite 130  
Dallas, TX 75231

### **EDUCATION**

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2016-2017	<b>The Institute for Foot and Ankle Reconstruction at Mercy</b> Baltimore, MD Fellowship, Clifford Jeng, M.D. (director)
2012-2016	<b>LAC+USC Medical Center</b> Los Angeles, CA Residency, Orthopaedic Surgery
2011-2012	<b>LAC+USC Medical Center</b> Los Angeles, CA Internship, Orthopaedic Surgery
2007-2011	<b>University of Texas Medical Branch</b> Galveston, TX M.D. June 4, 2011 <i>Magna Cum Laude</i>
2003-2007	<b>University of Texas at Austin</b> Austin, TX B.S. Neurobiology, May 19, 2007 Distinguished Scholar (Honors)

### **LICENSURE/CERTIFICATION**

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2017-Present	Texas Medical Board
July 2016	Passed ABOS Part I Examination
2016-2017	Maryland Board of Physicians
2013-2017	Medical Board of California
2014-2016	California Fluoroscopy Supervisor & Operator Permit

### **HONORS & AWARDS**

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January 2010	Who's Who Among Students in American Universities and Colleges
2009, 2010	UTMB Student Teaching Award

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2007 Phi Beta Kappa Honor Society

### **VOLUNTEER/ACTIVITIES**

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2008-2011 **Tutor, UTMB School of Medicine** - Tutored first and second year medical students

2008 **United to Serve** – Volunteered at the Ronald McDonald House

2007-2011 **St. Vincent's Clinic** – Free community clinic run by medical students

2007-2011 **Aerospace Medicine Program**

### **PROFESSIONAL ORGANIZATIONS**

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2016-Current American Orthopaedic Foot & Ankle Society (AOFAS)

2011-Current American Academy of Orthopaedic Surgeons (AAOS)

2007-2011 Student Surgical Society  
Students Improving Global Health Together  
American Medical Association  
Texas Medical Association

### **PRESENTATIONS**

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June 2008 **Sakowski, C., Starc, V., Smith, S.M., Schlegel, T.T.** “Sedentary Long-Duration Head-Down Bed Rest and ECG Repolarization Heterogeneity.” Medical Student Summer Research Program. Poster presentation. University of Texas Medical Branch, Galveston, TX.

June 2010 **Sakowski, C., Starc, V., Smith, S.M., Schlegel, T.T.** “Sedentary Long-Duration Head-Down Bed Rest and ECG Repolarization Heterogeneity.” “Life in Space for Life on Earth”. Paper presentation by a co-investigator. Trieste, Italy.

March 27, 2015 **Sakowski, C., Mulvihill, J., Hatch, G.R., Wang, J.C., Charlton, T.P.** “Achilles tendon rupture – demographic evaluation, association with preceding Achilles tendinitis, and evaluation of independent medication risk factors.” AAOS Annual Meeting paper presentation by Timothy Charlton, M.D. Las Vegas, NV.

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## RESEARCH

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1. **Sakowski, C.**, Starc, V., Smith, S.M., Schlegel, T.T. "Sedentary Long-Duration Head-Down Bed Rest and ECG Repolarization Heterogeneity." *Aviation, Space, and Environmental Medicine*. 2011 April; 82(4): 416-423.
2. **Sakowski, C.**, Mulvihill, J., Hatch, G.R., Wang, J.C., Charlton, T.P., "Achilles tendon rupture – demographic evaluation, association with preceding Achilles tendinitis, and evaluation of independent medication risk factors." *Unpublished*.