

## **Names of Common Antihistamines to Avoid Prior to New Patient Appointments/Skin Tests**

- Allegra (Fexofenadine)
- Alavert/Claritin (Loratadine)
- Astelin Nasal Spray
- Benadryl (Diphenhydramine)
- Clarinex
- Dallery
- Drixoral
- Dimetane
- Doxepin
- Periactin (Cyproheptadine)
- Sudafed Cold (Plain Sudafed is okay, as long as it doesn't contain antihistamine)
- Tavist
- Tylenol PM/Advil PM
- Cough/Cold/Sinus Medications that have antihistamine in them
- Atarax (Hydroxyzine)
- Zyrtec
- Cogentin
- Chlor-Trimeton (Chlorpheniramine)
- Rynatan
- Dimetapp
- Dimetane
- Actifed
- Phenergan
- Tussionex

### **The Following Antidepressants Interfere with Skin Testing**

**Patients taking the below medications need to contact the prescribing physician for instruction on withholding these medications, or not with hold them at all.**

- Elavil (Amitriptyline)
- Imipramine
- Norpramin (Desipramine)
- Pamelor (Nortriptyline)
- Surmontil (Trimipramine)
- Vivactil (Protriptyline)

If in doubt if medications you are currently taking interferes with testing, such as some tranquilizers, call your pharmacy.