

Dr. Jeffrey Glaser

Relieving Chronic Pain for Over 15 Years

By Lori Berezin
Photography by Marvin Steindler

At some point in their lives, eight out of 10 people suffer from back pain. Living with chronic pain affects every area of one's life, making even common chores difficult. Dual board-certified, interventional pain-management physician Dr. Jeffrey Glaser opened his Glaser Pain Relief Center in Encino more than 18 years ago to assist patients suffering from this debilitating condition.

Many patients turn to surgery to relieve pain, which can cause additional distress in itself and often fails to achieve the desired results. Dr. Glaser employs alternative solutions for spine-mediated pain (i.e. back pain and sciatica) due to such issues as herniated discs, arthritis of the spine, spondylolisthesis, and failed back surgery syndrome. He also treats migraines, peripheral neuropathy, and other chronic conditions.

Dr. Glaser graduated from the Sidney Kimmel Medical College of Thomas Jefferson University in Philadelphia and completed his internship and residency at the prestigious UCLA Medical Center. After practicing medicine in Las Vegas, he returned to Southern California. In 2001, the doctor opened his Encino office to provide a comprehensive one-stop solution for diagnosis and treatment of patients suffering with pain. Although his main emphasis is on spine-mediated pain, he also treats migraines and arthritis joint pain of the knees/shoulders/hips using the latest state-of-the-art techniques and modalities.

The doctor creates a customized treatment plan for each patient, utilizing a multifaceted approach, including minimally invasive, nonsurgical techniques to diagnose and treat painful conditions. Interventional procedures for spine-mediated pain, such as a herniated disc causing back pain and/or sciatica, may include epidural steroid injections; selective nerve-root blocks; nerve ablations/rhizotomies; sympathetic nerve blocks;





spinal-cord stimulation (pacemaker for pain); facet joint blocks; stem-cell treatment; and more.

The Glaser Pain Relief Center always puts patients first, treating them with the utmost dignity and respect. Many of the doctor's colleagues refer patients to him on a regular basis. The center's overall goal is to earn the trust of both these doctors and patients.

Dual board-certified in both pain medicine and anesthesiology, Dr. Glaser possesses extensive knowledge and experience in both fields. He also prides himself on forming the most accurate diagnosis of conditions causing pain. "Only after a proper diagnosis or source of pain is identified can a physician formulate a plan to most effectively and properly treat a patient," says Dr. Glaser. "It is important for me to understand my patients' lifestyles as well, including hobbies, habits, and goals, in order to best custom tailor their treatment. We are also committed to minimizing the use of opioids in our practice as chronic opioid usage rarely has a role in treating a patient's pain."

Conditions treated include:

- Back and neck pain**
- Herniated or bulging discs**
- Sciatica**
- Failed low-back surgery**
- Arthritic conditions of the spine and major joints**
- Peripheral neuropathy**
- Spinal stenosis**
- Sports injuries**
- Migraines**
- Degenerative disc disease**

Dr. Glaser's comprehensive diagnosis, workup, and treatment of conditions causing pain lets patients avoid shuffling from one doctor to another. Instead, they can let Dr. Glaser compassionately employ his extensive skills and years of experience to diagnose and alleviate their pain. ■

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