

# *Preventive Plus* *Exam*

Our team of doctors has observed the power of knowledge and technology to diagnose, treat, and monitor patients. This preventive testing, which includes a digital photo of the retina and a computerized visual field test, provides a more complete picture of a patient's overall health and the health of the eye. We call this the ***Preventive Plus Exam***. Our mission is to provide clear vision and contribute to the overall wellness of our patients by incorporating advanced diagnostic screenings as part of our traditional exam. This model has allowed our team to diagnose and treat diseases 2-5 years sooner than with a traditional dilated exam.

## **The Preventive Plus Exam includes:**

### ***A Digital Photograph of the Retina***

- This high resolution digital photo of the retina will help us evaluate, review and compare your retina over time and improve our ability to view your internal ocular health.
- The ability to review your retinal photograph with the doctor— you get to SEE YOUR RETINA!
- A permanent record for your medical file for serial analysis, comparisons, and diagnosis

### ***A Computerized Visual Field Test***

- This automated examination will assess an individual's entire visual pathway. Both central and peripheral vision will be measured and analyzed.
- This examination is very effective at detecting the earliest stages of various ocular & neurologic diseases (most before symptoms appear).

**The \$39 fee for this exam will be added to your exam copay or deductible.**

**Please advise our team if you do not wish to have this preventive testing completed.**



## **Preventive testing allows us to better evaluate :**

1. Headaches; especially new onset.
2. Spots or flashes of light in vision.
3. A sudden change in vision.
4. A strong eyeglass prescription.
5. Autoimmune disease such as Rheumatoid Arthritis or Lupus.
6. A family history of high blood pressure, diabetes, heart disease, or stroke.
7. A family history of Glaucoma, Macular Degeneration, eye disease, or blindness.

