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Clenpiq® Bowel Preparation

Your procedure is scheduled for ____/____/____ at _____ AM PM at:

SJH Outpatient Pavilion
Endoscopy Center 2nd floor
1140 W. La Veta Avenue
Orange, CA 92868
714. 744.8709

La Veta Surgical Center
681 S. Parker Street
Suite #150
Orange, CA 92868
714. 744.0990

Barranca Surgery Center
3500 Barranca Parkway
Suite #130
Irvine, CA 92606
949. 552.622

Patient Instructions

ONE WEEK prior to procedure, stop iron intake, this includes vitamins containing iron.
Stop taking your _____(Blood thinners) _____ days in advance.

TWO DAYS prior to procedure avoid consuming; nuts, popcorn, raw fruit and raw vegetables.

ONE DAY prior to procedure begin a **clear liquid diet** (see attached list) upon waking.

EVENING BEFORE the procedure

Beginning at _____(pm), the night before your procedure:

- Beginning at 5pm, drink the first bottle of Clenpiq (5.4 oz). No need to mix or shake as it is ready to drink
- Drink an additional SIX (6) 8-ounce cups of clear liquid over the next 5 hours, before bedtime.

DAY OF the procedure, Beginning at _____(am):

- 4 hours prior to arrival time, drink the second bottle of Clenpiq (5.4 oz).
- Drink an additional FOUR (4) 8-ounce cups of clear liquid.

You must finish drinking your final glass at least 3 hours prior to scheduled procedure.
You should take blood pressure/heart medications only with a sip of water in the morning; no food or other liquids should be consumed.

* Please bring a friend or relative to drive you home after your procedure.

The procedure will be canceled if you fail to bring a driver with you.

No taxis or public transit may be used. You will spend approximately 3 hours at the facility.