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Plenvu® Bowel Preparation

Your procedure is scheduled for ____/____/____ at _____ AM PM at:

SJH Outpatient Pavilion
Endoscopy Center 2nd floor
1140 W. La Veta Avenue
Orange, CA 92868
714. 744.8709

La Veta Surgical Center
681 S. Parker Street
Suite #150
Orange, CA 92868
714. 744.0990

Barranca Surgery Center
3500 Barranca Parkway
Suite #130
Irvine, CA 92606
949. 552.622

Patient Instructions

ONE WEEK prior to procedure stop iron intake, this includes vitamins containing iron.
Stop taking your _____(Blood thinners) _____ days in advance.

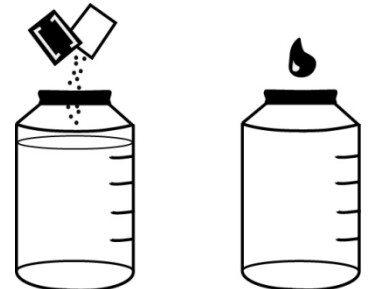
TWO DAYS prior to procedure avoid consuming; nuts, popcorn, raw fruit and raw vegetables.

ONE DAY prior to procedure begin a **clear liquid diet** upon waking (see attached list).
Prepare your first dose of Plenvu® solution.

EVENING BEFORE the procedure

Beginning at _____(pm), the night before your procedure:

- Mix the contents of Dose 1 pouch with at least 16 ounces of water in the Plenvu® mixing container until it's completely dissolved. Drink all of solution slowly over 30 minutes.
- Refill Plenvu® container with at least 16 oz. of water (line marked on the container). Drink all 16oz of water.



DAY OF the procedure, Beginning at _____(am):

- Mix the contents of Dose 2 (Pouch A and B) pouch with at least 16 ounces of water in the Plenvu® mixing container until it's completely dissolved. Drink all of solution slowly over 30 minutes.
- Refill Plenvu® container with at least 16 oz. of water (line marked on the container). Drink all 16oz of water.

You must finish drinking your final glass at least 3 hours prior to scheduled procedure.
You should take blood pressure/heart medications only with a sip of water in the morning; no food or other liquids should be consumed.

* Please bring a friend or relative to drive you home after your procedure.

The procedure will be canceled if you fail to bring a driver with you.

No taxis or public transit may be used. You will spend approximately 3 hours at the facility.