

HARDEEP M. SINGH, M.D., F.A.C.P., A.G.A.F.
Diplomate of the American Board of Internal Medicine
and the Subspecialty Board of Gastroenterology
**Gastroenterology,
Hepatology, Pancreaticobiliary Disease**

1010 West La Veta Avenue, Suite 570,
Orange, CA 92868
16300 Sand Canyon, Suite 301,
Irvine, CA 92618
Phone 714.835.7700 | Fax 714.835.8145
DrSingh@SouthernCalGI.com | SouthernCalGI.com

Suprep® Bowel Preparation

Your procedure is scheduled for ____/____/____ at _____ AM PM at:

SJH Outpatient Pavilion
Endoscopy Center 2nd floor
1140 W. La Veta Avenue
Orange, CA 92868
714. 744.8709

La Veta Surgical Center
681 S. Parker Street
Suite 150
Orange, CA 92868
714. 744.0900

Patient Instructions

ONE DAY prior to procedure begin a clear liquid diet upon waking. (*you can find this diet on our website.*)

Do not consume any foods or liquids after midnight except your Suprep® doses.

Step 1

Dilute Suprep® solution concentrate as directed.

Pour one (1), 6.oz bottle of Suprep® liquid into the mixing container.

Step 2

Add cool drinking water to the 16 oz. line marked on the Suprep® container and mix well.

Step 3

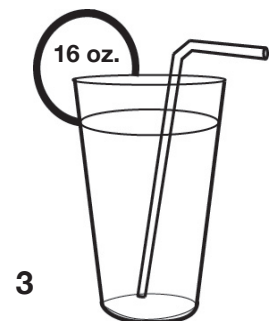
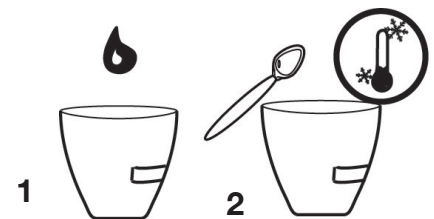
Beginning at _____(am/pm),

the night before your procedure drink all of your first dose.

Additionally, Drink two (2) or more, 16 oz. containers of water over the next hour.

DAY OF procedure, prepare a second dose of Suprep® solution following steps 1-3. **You should take blood pressure/heart medications only with a sip of water in the morning;** no food or other liquids should be consumed.

At _____(am/pm) prior to procedure drink your second newly mixed dose of Suprep® solution followed by two (2) or more, 16 oz. containers of water.



You must finish drinking your final glass at least 3 hours prior to scheduled procedure.

*** Please bring a friend or relative to drive you home after your procedure.**

The procedure will be canceled if you fail to bring a driver with you.

No taxis or public transit may be used. You will spend approximately 3 hours at the facility.