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**Gastroenterology,
Hepatology, Pancreaticobiliary Disease**

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MoviPrep® Bowel Preparation

Your procedure is scheduled for ____/____/____ at _____ AM PM at:

SJH Outpatient Pavilion
Endoscopy Center 2nd floor
1140 W. La Veta Avenue
Orange, CA 92868
714. 744.8709

La Veta Surgical Center
681 S. Parker Street
Suite 150
Orange, CA 92868
714. 744.0900

Patient Instructions

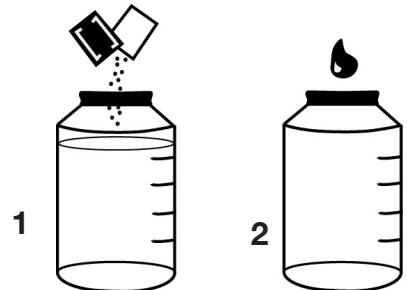
ONE WEEK prior to procedure cease iron intake, this includes vitamins containing iron. Have your prescription for 1 MoviPrep® Kit filled by your pharmacist. If you are preparing for a colonoscopy, cease taking any Advil, Aleve, Ibuprofen, Aspirin, and all blood thinners unless instructed otherwise.

TWO DAYS prior to procedure avoid consuming; nuts, popcorn, raw fruit and raw vegetables.

ONE DAY prior to procedure begin a **clear liquid diet** upon waking. (*you can find this diet on our website.*) Prepare your first does of MoviPrep® solution;

Step 1

Empty the contents of 1 pouch "A" and 1 pouch "B" into the disposable MoviPrep® container.



Step 2

Add cold drinking water to the top line of container.

Step 3

Beginning at _____(am/pm)

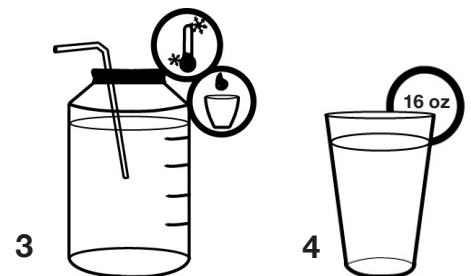
drink your first dose, **one day prior to your procedure.**

The MoviPrep® container is divided by 4 marks, every 15 minutes drink the solution down to the next mark (*approx 8 oz.*) until the full liter is consumed. You may add Crystal Light Lemon and/or refrigerate solution prior to consumption for flavor. Any reconstituted solution must be consumed within 24 hrs of preparation.

DAY OF procedure, prepare your second liter of MoviPrep® solution Refrigerate if desired. **You should take blood pressure/heart medications only with a sip of water in the morning.**

3-5 HOURS prior to procedure, drink your second liter of fresh solution over an hour's time (*8.oz every 15 minutes*).

In addition, drink 16 oz. of any clear liquid of your choice.



After your last dose of MoviPrep® do not consume any food or liquids.

* Please bring a friend or relative to drive you home after your procedure.

The procedure will be canceled if you fail to bring a driver with you.

No taxis or public transit may be used. You will spend approximately 3 hours at the facility.