

# Permanent Cosmetics Contraindications

- under 18 years of age
- diabetes
- pregnant or lactating women
- glaucoma
- skin diseases such as psoriasis, eczema and undiagnosed rashes or blisters on the site that is to be treated, easily form keloids
- allergies to makeup
- easily triggered post inflammatory hyperpigmentation
- transmittable blood conditions like HIV or Hepatitis
- active skin cancer in the area to be tattooed
- hemophiliac
- healing disorder
- blood thinners
- uncontrolled high blood pressure or mitral valve disorder
- Accutane or steroids
- Active shingles
- Sunburn
- oily skin
- Anemia or other abnormal bleeding conditions
- autoimmune disease
- EXISTING TATTOO ON DESIRED PROCEDURE AREA

\*Let me know if you have/had allergic reactions to topical anesthetics.

Flu or Cold: Please stay home, reschedule your appointment if you have a cold or flu or sinus/respiratory infection

Eye lift or blepharoplasty: Wait about 3 months

SIGN AND DATE \_\_\_\_\_

## Possible Risks and Complications ( initial points)

- Excessive bleeding, which can GREATLY AFFECT results. Excessive bleeding can be due to many factors beyond technicians control. \_\_\_\_\_
- Pain: There can be pain even after the topical anesthetic has been used. Anesthetics work better on some people than others. \_\_\_\_\_
- Infection: Infections is very unusual. The areas treated must be kept clean and only freshly cleaned hands should touch the areas. \_\_\_\_\_
- Uneven Pigmentation or poor color retention. This can result from poor healing, infection, bleeding. Excessive scabbing or many other causes. Your follow up appointment will likely correct any uneven appearance. \_\_\_\_\_
- Asymmetry: Every effort will be made to avoid asymmetry but our faces are not symmetrical so adjustments may be needed during the follow up session to correct any unevenness. \_\_\_\_\_
- Excessive Swelling or Bruising: Some people bruise and swell more than others. Ice packs may help with the bruising and swelling will typically disappear within 1-5 days. \_\_\_\_\_
- Eye Exposure: There is a small risk of eye injury when an eyeliner procedure is performed. To avoid corneal abrasion, Celluvisc, a thick eye drop is used to protect the eye prior to the procedure. Eye drops are used to cleanse and flush the eye after the procedure is complete. \_\_\_\_\_
- Anesthesia: Topical anesthetics are used to numb the area to be tattooed. Lidocaine, Prilocaine, Benzocaine. Tetracaine and Epinephrine in a cream or gel form are typically used. If you are allergic to any of these please inform me now.
- \_\_\_\_\_
- MRI: Because pigments used in permanent cosmetic procedures contain inert oxides, a low-level magnet may be required if you need to be scanned by an MRI machine. \_\_\_\_\_
- Fever Blisters: If you are prone to cold sores or fever blisters, (herpes simplex), there is a high probability that you will get them. It is advised that you call your doctor for a prescription antiviral to help prevent his form occurring. \_\_\_\_\_
- SIGN AND DATE \_\_\_\_\_

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## Microblading and Permanent Cosmetic Precare

It is absolutely crucial that you follow your Pre-Care instructions to achieve the full result.

- Do not work out for 24 hours before or after procedure
- NO alcohol or caffeine 48 hours before procedure.
- Avoid sun and tanning on week prior to procedure
- Do not take Aspirin, Niacin, Vitamin E or Advil/Ibuprofen 48 hours before procedure.
- Avoid Fish Oil for 1 week and Prenatal Vitamins, Nutritional Shakes 48 hours prior to procedure.
- Discontinue Retin-A, Chemical and Laser Peels, microdermabrasion, and Alpha Hydroxy Acid (AHA) for at least 3 weeks prior (and avoid on eyebrow area after procedure to prevent premature fading)
- Botox and filler on the forehead, temple and eye area should be avoided 2 weeks prior to procedure.
- Avoid ginger, cinnamon, garlic, black and cayenne pepper for 48 hours.
- No brow waxing, tinting and threading 1-week prior (the more natural hair growth you have, the better!)
- You will be more sensitive during your menstrual cycle and have a greater chance of bleeding if you smoke.

Please plan all procedures 1-6 weeks prior to a special event or vacation. This allows adequate time for healing. Your desired brow cannot be achieved in just one session it is a 2-step process and is not uncommon to lose 30% to 80% of your color after the first treatment. Some clients need MORE than two sessions to achieve their desired density and shape. If excessive bleeding occurs, extra appointments may be necessary for desired outcome of procedure may not be effective.

**Your First touchup is complimentary ONLY when paying full price, discounted procedures Do have a 1st touchup charge of \$50-\$75. Additional touch ups do have a charge as well.**

It is **absolutely crucial** that you follow your Pre-and Post-Care instructions to achieve the full results of the Microblading procedure. If directions are not followed there is a risk that your procedure results won't last as intended. Scabbing is normal, amount of

scabbing cannot be predicted as each person is different. Excessive bleeding can cause excessive scabbing. SIGN AND DATE \_\_\_\_\_

#### TYPICAL HEALING SCHEDULE

Day 1-4- They become darker and more filled in looking as they form a scab. This is on temporary, DO NOT PANIC. Will be much darker and fuller looking as scab forms.

INITIAL: \_\_\_\_\_

Day 5-12- Scab naturally exfoliates, peels and flakes away over the course of several days. The fresh skin underneath is white or pinkish and may have a waxy coating, making it appear that the brows are too light. It may seem like ALL your color has fallen off! Be Patient the outcome is wonderful. INITIAL : \_\_\_\_\_

Day 10-30- After 10 days you may use brow makeup very gently if you need it. The color will slowly come back to life and bloom back to the surface as the new, white skin settles in and heals. Wait at least 4 weeks to see the true color, ask it will take on new strength, and it is only after 4 weeks that your touch-up/adjustment can be done. Your second appointment is to tighten up your shape, touch up any light spots and assess how your skin reacts to the process, and the chosen color. INITIAL: \_\_\_\_\_

NOT EVERYONE FOLLOWS THE EXACT HEALING SCHEDULE, THIS IS ONLY THE AVERAGE HEALING. YOUR BROWS AND PERMANENT COSMETIC PROCEDURE CAN GO THROUGH NO FLAKING, SOME FLAKING, SCABBING, COLOR LIGHTENING, COLOR LOSS, SPOTS THAT FADE, SPOTS THAT DO NOT FADE, IT MAY TAKE MORE THAN ONE TOUCH UP TO ACHIEVE MY DESIRED LOOK , FULLNESS AND OUTCOME , MIRCABLADING , PERMANENT EYEBROWS, PERMANENT EYELINER AND OTHER PERMANENT COSMETIC PROCEDURES MAY NOT WORK FOR ME AND I AM SIGNING THIS SHEET KNOWING THIS AND WILL NOT HOLD TECHNICIAN AT FAULT. INITIAL \_\_\_\_\_

SIGN \_\_\_\_\_ DATE \_\_\_\_\_

POST CARE :For the first 24 hours Blot any Lymph fluid from treated area with a tissue. Scabbing is normal, some scab more than others for a variety of reasons such as bleeding, or the body's own immune reactions.

- 1st day, VERY IMPORTANT Rinse the brow area (VERY GENTLY) 30 mins after procedure then 3 more times the first 24 hours with warm water and neutral soap to prevent wound from getting dirty and lessen scab formation. Apply very thin layer of aftercare each time you rinse.
- Make sure eyebrows are COMPLETELY dry before applying ointment (pat dry with paper towel or air dry)
- Day 2-8 Maintain Facial Hygiene. Morning and Night dab using a cotton pad and sterile water to keep brows clean. Apply after care very sparingly 3-5 times a day to dry brow. Try to keep brow as dry as possible.
- Day 1-10 Limit showers to 5 mins (avoid direct water on brow) Use Vaseline as barrier while in shower (blot off immediately after showering)
- Do not rub, pick or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off. Picking can cause scarring and pigment loss!
- Avoid sun exposure and tanning beds for a minimum of 4 weeks after your procedure. Direct sunlight can cause the pigment to change color while healing and can also cause hyper pigmentation and scarring.
- Avoid pools, saunas, steam rooms, hot showers and or hot baths for 10 days.
- Avoid Sweating on your face for 10 days. Sweating through or on the brows will expel pigment form the dermis producing poor results.
- Avoid sleeping on you face/rows for the first 10 days!
- No makeup or skincare products to be used on the treated are for 10 days.
- Keep you bangs and hair pulled back from face.
- After 10 days, once the area has healed completely, use sunblock when going out in the sun to stop the color from fading.
- Do not tint eyebrows for 2 weeks after procedure.
- Avoid Retin-A, Chemical Peels, Laser Treatments, Microdermabrasion, and/or anything to treat hyperpigmentation around brow area to prevent fading.

SIGN AND DATE \_\_\_\_\_

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_  
\_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

DATRE OF BIRTH :  
\_\_\_\_\_

Do you presently have or previously had any of the following: (circle yes or no)

Yes/No Botox

Yes/No Diabetes

Yes/No Lip Fillers

Yes/No Cold Sores/Fever blisters

Yes/No Eyelid Surgery

Yes/No Hepatitis (A, B, C, D)

Yes/No Brow lift or Face Lift

Yes/No Easy Bleeding

Yes/No Abnormal Heart Condition

Yes/No Contact Lenses Now

Yes/No Chemical Peel if so last treatment date \_\_\_\_\_

Yes/No Pregnant or Breastfeeding

Yes/No Oily Skin

Yes/No Accutane or Acne treatment

Yes/No Tan by booth or sun

Yes/No Difficulty numbing with dental work

Yes/No Taking blood thinners such as Aspirin, Ibuprofen, alcohol, Coumadin etc. Or any allergic reaction to them.

List of any allergies in food and medication:

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List of any diseases or disorders not listed:

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Please list medications or vitamins you are presently taking:

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I agree that all the above information is true and accurate to the best of my knowledge.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I have viewed the risks and complications, contraindications and followed my pre-care.

SIGN AND DATE \_\_\_\_\_

**Statement of Consent (please initial)**

\_\_\_\_\_ Aftercare instructions have been explained to me and a written copy will be given to me to retain in my possession, which I will follow to the best of my ability. If I have questions I will call or email my technician.

\_\_\_\_\_ I understand that a certain amount of discomfort is associated with this procedure and that swelling, redness and bruising may occur.

\_\_\_\_\_ I understand that sun, tanning beds, pools, medications and some skin care products can affect my permanent makeup.

\_\_\_\_\_ I will tell all skin care professionals or medical personnel about my permanent makeup procedures, especially if I'm schedule for an MRI. I accept the responsibility in explaining to you my desire for specific color, shape, and positions for any procedure done today.

\_\_\_\_\_ I understand that implanted pigment color can slightly change or FADE completely over time due to circumstances beyond your control and I will need to maintain the color with future applications and a touch up session within 60 days.

\_\_\_\_\_ I acknowledge that the proposed procedure(s) has the possibilities of complications during and/or following the procedures such as: risk of infections, misplaced pigment, excessive bleeding, poor color retention and hyperpigmentation.

\_\_\_\_\_ I will have my touchup 30 days to 60 days after initial apt. After 60 days, a fee will apply and there will be NO REFUNDS for this elective procedure. I may need more than 1 touchup.

\_\_\_\_\_ I accept full responsibility for the decision to have this cosmetic tattoo and or microblading work done. I fully understand there is NO REFUND, and this procedure may not have the outcome I expected.

I certify that I have read the contents of this form. I understand the risks and alternatives in this procedure(s) and I have had the opportunity to ask questions and get them answered. I acknowledge that I have reviewed and approved the material and give authorization for \_\_\_\_\_, as my permanent cosmetic technician to perform my appointment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Consent and Release Agreement for Permanent Cosmetics and Microblading**

This form is designed to give information needed to make an informed choice of whether or not to undergo a permanent cosmetic and microblading application. If you have questions, please don't hesitate to ask. Although permanent cosmetic tattooing and microblading are effective in most cases, NO guarantee can be made that a specific client will benefit from the procedure. Microblading is not permanent. There is NO REFUND!

Generally, the results are excellent. However, a perfect result is not a realistic expectation. A touchup is IS needed 30-60 days after the healing is completed. YOU MAY NEED MORE THAN ONE TOUCHUP TO ACHIEVE DESIRED RESULTS. MICROBLADING LASTS 6 MONTHS TO 18 MONTHS ON AVERAGE. RESULTS VARY PER PERSON. You are SIGNING this KNOWING that color retention is NOT guarantee.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Photography and Videography Release**



Before and After photos/videos may be taken and kept on file. We would like your permission to use these photos/videos for advertising of ANY kind. YES / NO sign\_\_\_\_\_

## RESULTS/OUTCOME DISCLOSURE

It has been reviewed multiple times that my color MAY FADE SIGNIFICANTLY and will also FADE IN AND OUT DURING THE ENTIRE HEALING PROCESS . MICROBLADING AND PERMANENT COSMETICS PROCEDURES ARE NOT FOR EVERYONE , I MAY BE ONE OF THEM.

SIGN AND DATE \_\_\_\_\_

RESULTS vary ( EVEN AFTER HEALING) depending on but not limited to: please initial point

- how your body metabolizes the color SIGN\_\_\_\_\_
- Environmental factors SIGN\_\_\_\_\_
- sun exposure( even after healing) SIGN\_\_\_\_\_
- tanning ( tanning bed or direct sun even after healing) SIGN\_\_\_\_\_
- SMOKING ( this is big one) SIGN\_\_\_\_\_
- skin care products/makeup SIGN\_\_\_\_\_
- herbal supplements SIGN\_\_\_\_\_
- underlying OR undiagnosed medical conditions SIGN\_\_\_\_\_
- use of certain medications SIGN\_\_\_\_\_
- hormones SIGN\_\_\_\_\_
- not following ALL instructions SIGN\_\_\_\_\_
- unknown causes ( which are beyond any persons control) SIGN\_\_\_\_\_
- PICKING OR SCRATCHING TREATED AREA SIGN\_\_\_\_\_
- LAKE WATER/ CHLORINATED POOLS AND HOTTUBS ( even after healing) SIGN\_\_\_\_\_
- chemical peels, microderm treatment, anti aging treatments SIGN\_\_\_\_\_
- plucking, waxing, threading on treated area SIGN\_\_\_\_\_
- pregnant OR nursing SIGN\_\_\_\_\_

Microblading is a superficial, temporary treatment, it is implanted in my lower layer of my epidermis which i am continually exfoliating, everyone exfoliates at different rates. This is NOT permanent and may last 6 months to 18 months realistically but could fade

sooner or last longer depending on the above points that I have read through and agree to move forward with my procedure. SIGN \_\_\_\_\_

To Shar and to all whom this contract may concern, I \_\_\_\_\_ have carefully read and understand EVERYTHING I have signed and have had all my questions answered , I am choosing to proceed on my own free will and am in a healthy state of mind to do so.

SIGN AND DATE \_\_\_\_\_

I HAVE CAREFULLY READ EACH AND SIGNED EACH AND EVERY SHEET IN MY PACKET PRIOR TO START OF SERVICE AND AM CHOOSING TO CONTINUE WITH MY PROCEDURE UNDERSTANDING FULLY AND COMPLETELY.

SIGN \_\_\_\_\_ DATE \_\_\_\_\_