

## Pre-Operative Instructions

Before your scheduled surgery please review our preoperative instructions:

1. The following is a partial list of commonly used medications that need to be stopped one week prior to all nerve block procedures:

Advil, Aleve, Anaprox, Aspirin, Clinoril, Daypro, Excedrin, Ecotrin, Feldene, Fish Oil, Heparin, Ibuprofen, Indocin, Indomethacin, Ketoprofen, Lodine, Lovenox, Midol, Motrin, Nalfon, Naprosyn, Naproxen, Nuprin, Orudis, Pamprin, Relafen, Toradol, Vitamin E, Voltaren

*Many over the counter cold formulas contain the medications above. Refer to the ingredient list on the bottle or call a nurse or pharmacist if in doubt.*

2. Bextra, Celebrex, Oxycontin, Vistril, Soma, and Valium do not need to be stopped.
3. Aspirin, baby aspirin, Bayer or blood thinning drugs such as Coumadin, Heparin, and Ticlid, must be discontinued seven days prior to your procedure. This should be arranged in advance with your regular treating physician. Other drugs that promote bleeding are Ecotrin, Excedrin, Percodan, and Plavix. Non-steroidal anti-inflammatory drugs such as Advil, Motrin, Indocin, Aleve, and Feldane can cause bleeding and must be stopped for one week. Bextra, Vioxx, Celebrex, and Mobic are OK.
4. Please take regular medications and regular narcotic pain medications as already prescribed. It is OK to take Tylenol, Tylenol with Codiene, Vicodin, Lorce, Demerol, and Dilaudid.

5. Do not stop taking prescribed muscle relaxers. Soma, Valium, Ativan, or seizure medications or other regular medications OK with sip of water.
6. Please inform our neurology surgery center if you have had any cold or flu symptoms, infection, or recent dental work or cleaning (including abscessed gums), prior to your procedures.
7. Please inform us if you have diabetes and/or a bleeding condition, so that we may discuss your condition with the physician prior to your procedure. Patients taking Glucophage must stop 48 hours (2 days) prior to and after their procedure. You must call your treating doctor to approve you stopping Glucophage.
8. All patients having intervention procedures MUST have a driver to take them home.
9. Procedures cannot be done if there is any chance the patient is pregnant.
10. We need to know about any medical allergies or sensitivity to iodine dye.
11. Please do not apply skin cream on day of your procedure.