

Dr. Han Open Carpal Tunnel Release

GLOVES: 6.5 Micro Indicator/6.5 Micro

Anesthesia: MAC or Block or by Choice

PREP: Hibclens

POSITION: SUPINE, Patient on Stretcher, Rolling Hand Table, Tourniquet with "10 x 10" around Tourniquet, Extremity Drape, Sitting Stools

MEDICATIONS: 0.9% NAACL IRRIGATION
1% LIDOCAINE PLAIN

INSTRUMENTS: Lead Hand. Carpal Tunnel Kit (**Curved Littler Scissors**, Curved Tenotomy Scissors, Ragnel, and Sen Retractor x 2)

EQUIPMENT: Tourniquet

SUPPLIES:

HALF SHEET
Extremity Drape
Ray-Tech
LIGHT HANDLE COVER
15 BLADE (2)
10CC SYRINGE (1)
25 GAUGE HYPO (1)
BIPOLAR CORD
TOURNIQUET 18"
4" ESMARK (OPEN, STERILE)
4" WEBRIL (UNDER TOURNIQUET)

SUTURES: 4-0 NYLON P-C 3 and 4.0 Monocryl

DRESSINGS: ADAPTIC, WET 4X4, DRY 4X4, 2" COBAN

NOTES: BIPOLAR 15, NO BOVIE,

LAST UPDATED: 8/27/2018