



Oak Hills Women's Center, P.A.  
Bernard R. Cavazos, Jr., M.D.  
Allison R. Cavazos, M.D.  
Sarah Lewis, FNP-C

## WELLNESS VISIT versus PROBLEM VISIT

In order to avoid any confusion regarding the difference between a wellness routine visit and a problem visit, PLEASE read the following carefully.

A wellness visit is a routine annual exam without any mention of a concern by the patient nor the patient indicating that she has a problem. An annual exam is a wellness exam without any problems. It includes the annual physical examination, routine screening tests such as mammograms and bone density evaluation when indicated, routine pap smear, referral for routine colonoscopy as indicated based upon patient's age and family history, and refill of routinely prescribed medications. A routine examination may coincidentally result in the diagnosis of an unsuspected problem which is discovered at the time of a routine annual examination. In such a case the unsuspected problem discovered at the time of the routine examination may require further evaluation. However, since it was discovered at the time of a routine examination is not considered a problem visit. Subsequent visits required to address and manage the problem discovered at the time of the routine examination will be considered as problem visits and will be charged accordingly.

Problem visits are office visits during which time the patient voices a medical concern or problem such as pelvic pain, fever, abnormal vaginal discharge, abnormal uterine bleeding, missing a period, breast concerns, urinary symptoms, concerns regarding possible exposure to an infection, etc. to mention a few examples. If a patient wishes to have such specific concerns/problems addressed at the time of a routine annual exam in order to avoid making a separate problem visit at a later time, the routine annual visit may be extended to include evaluation of the concerns/problems with a **PROBLEM VISIT ADDED TO THE ANNUAL EXAM WITH ASSOCIATED CHARGES FOR SERVICES RENDERED**. This may result in additional costs to you pending the provisions of your insurance coverage since **problems are NOT covered by routine annual visit charges**. If you do not wish for your problems to be addressed at the time of your routine annual visit then you may proceed with a routine examination and make a problem appointment to address your problems at a later date to avoid incurring additional charges at the time of your annual routine visit.

Please indicate below if you wish to have a specific problem or concerns addressed at the time of your routine annual visit.

Yes, I want for problems to be addressed at the time of my annual routine visit understanding that I will incur additional charges for services rendered. \_\_\_\_\_

Signature/Date

NO, I do not want concerns/ problems to be addressed at the time of my annual routine visit and agree to make a problem appointment at a later date. \_\_\_\_\_

Signature/Date