



**CALIFORNIA CENTER FOR  
SLEEP DISORDERS**  
AASM Accredited Sleep Disorders Center

**Authorization for Release of Medical Information**

**Patient's Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

I hereby authorize \_\_\_\_\_, to use and disclose my protected health information ("Health Information") as defined by Federal and State law, in the manner described below. I understand that this authorization is voluntary. I also understand that if the person or entity authorized by this document to receive my Health Information is not a health plan or health-care provider, then the disclosed Health Information may no longer be protected from further disclosure by state or federal law.

The following Health Information may be disclosed

- Medical Records  
 Test Results  
 Other \_\_\_\_\_

This Health Information may be disclosed to: \_\_\_\_\_

Mailing Address:

Telephone#

Relationship to Individual:     Self                                     Physician/Healthcare Provider                     Attorney  
 Spouse/Relative                                     Other \_\_\_\_\_

This Health Information may be used only for the following purpose:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Authorization for Disclosure for Medical Research:**

- I hereby authorize CCSD to use my Health Information, and/or test results for anonymous medical research. I understand that CCSD will not disclose any personal information that would identify me with my Health Information to any individual or company outside of its employees and/or direct agents.
- I authorize CCSD to review my personal health information for medical research protocols that I may be interested in becoming a participant.

I understand that my health care will not be affected if I do not sign this form.

I understand that this authorization will expire on \_\_\_\_\_ or 5 years from the date of my signature below, whichever is earlier.

I also understand that I may revoke this authorization at any time by notifying CCSD in writing. I understand that my revocation of this authorization will not affect any actions taken by CCSD in reliance on this authorization prior to the time it received my revocation.

I understand that I have the right to receive a copy of this authorization.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

If not signed by the patient, please indicate relationship:

- Parent or guardian of minor patient (to the extent minor could not have consented to the care).  
 Guardian or conservator of an incompetent patient.  
 Beneficiary or personal representative of deceased patient.