

Valley Pain Centers

DAILY PATIENT VISIT FORM

PATIENT NAME: _____ DOB: _____ DATE: _____

PHARMACY: _____ LOCATION: _____ PHONE: _____

WHEN IS THE LAST TIME YOU HAD ANYTHING TO EAT OR DRINK? _____

TODAY'S COMPLAINT (Area we are currently treating) _____

LOCATION (Where do you have pain? Please note both chief complaints and any secondary issues) _____

QUALITY (Describe your pain & where does it radiate to?) _____

SEVERITY (On a scale of 1-10, circle your pain level)
(Does it affect your daily life? Ability to work, sleep, etc?)



DURATION (How long have you experienced this pain?) _____

TIMING (Is your pain worse at any particular time of day or is it relatively constant?) _____

MODIFYING FACTORS (Is your pain worse when sitting, walking, standing, bending or laying down?) _____

PAST HISTORY OF SYMPTOMS (Has this pain occurred before in your life?) _____

SINCE MY LAST VISIT, MY PAIN IS : (circle one) N/A IMPROVING NO CHANGE WORSE

SINCE MY MOST RECENT PROCEDURE, MY PAIN IS: (circle one) N/A

A horizontal row of six circular icons representing a pain scale from 0 to 10, identical to the one above. Below each icon is a number and a description: 0 NO HURT (happy face), 2 HURTS LITTLE BIT (slight smile), 4 HURTS LITTLE MORE (neutral face), 6 HURTS EVEN MORE (frown), 8 HURTS WHOLE LOT (wide frown), 10 HURTS WORST (grimacing face).

ARE THERE ANY OTHER AREAS OF CONCERN THAT YOU WOULD LIKE TO DISCUSS TODAY? _____

ANY CHANGES IN HEALTH HISTORY OR MEDICATIONS SINCE YOUR LAST VISIT? _____

LIST ANY ALLERGIES AND THE REACTION: _____

SIGNATURE: _____