

# Sibling Preparation Class

## What is it?

A fun and informational 1 ½ hour class, helping children transition into the role of big brother or big sister. (Children 3 and up)

## What topics are covered?

- What to expect when baby arrives.
- What to expect when baby comes home.
- Child's role as big brother or sister; holding, diapering, and feeding
- Mini tour of labor and delivery floor and nursery

## When and Where?

The classes are offered once a month on Saturday morning from **10:00am – 11:30am**

St. David's Women's Center of Texas  
Austin Area OBGYN  
12200 Renfert Way, Suite 100  
Austin, TX 78758  
We will meet in the office waiting room.

## What to bring?

- Your child's favorite doll or teddy bear
- Camera

## Cost?

\$30.00 per child, \$10.00 each additional child

### **\*Snacks and juice will be provided for children**

For more information,

Contact via text or call Pauletta Gomez (512) 300-4819 or [paulettag@aaobgyn.com](mailto:paulettag@aaobgyn.com)

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Detach and mail lower portion with check made payable to Pauletta Gomez.

**Mail to: Austin Area OBGYN, 12200 Renfert Way, Suite 100, Austin, TX 78758**  
**ATTN: Pauletta Gomez**

Parent's Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Physician: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_  Boy  Girl

Please check the appropriate date attending:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> January 12, 2019 | <input type="checkbox"/> May 11, 2019    | <input type="checkbox"/> September 14, 2019 |
| <input type="checkbox"/> February 9, 2019 | <input type="checkbox"/> June 8, 2019    | <input type="checkbox"/> October 5, 2019    |
| <input type="checkbox"/> March 9, 2019    | <input type="checkbox"/> July 13, 2019   | <input type="checkbox"/> November 9, 2019   |
| <input type="checkbox"/> April 13, 2019   | <input type="checkbox"/> August 10, 2019 | <input type="checkbox"/> December 14, 2019  |