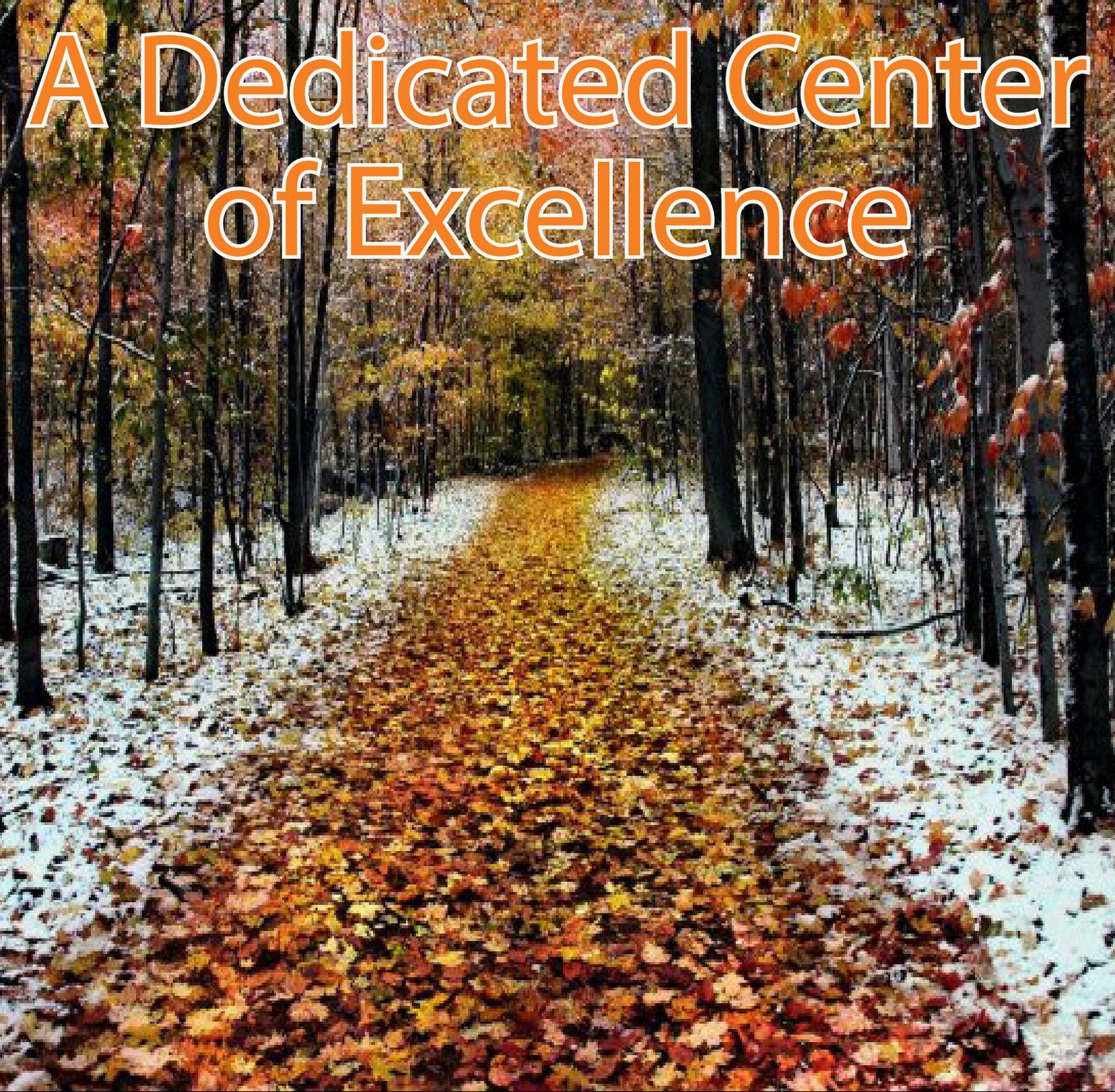


A Dedicated Center of Excellence



**BLACK
FRIDAY
SALE!**

DEALS YOU
CAN'T MISS

SAVE NOW

4 Black Friday Specials start early!



5 Recipe - Pumpkin French Toast
Casserole



6 Banish Stubborn Fat Bulges
with Surgery-Free SculpSure

ALABAMA VEIN & RESTORATION MEDSPA

Prattville - Tuscaloosa - Birmingham - Oxford - Cullman

1.877.268.8346

www.alabamaveincenter.com

November 2018 Ed.

ALABAMA VEIN & RESTORATION MEDSPA

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At Alabama Vein Center, our goal is to improve the quality of life of our patients. We utilize cutting edge technology and the most advanced venous procedures to establish an accurate diagnosis and for successful treatment.

We strive to provide compassionate, comprehensive vein treatments for patients with venous insufficiency, venous ulcers, and spider veins. As a team comprised of physicians, physician assistants, and other medical staff, we work from the top to the bottom to achieve our goal of taking care of our patients in the most pleasant and efficient way possible.

Conditions Treated

Varicose Veins • Spider Veins • Venous Ulcers • Stasis Dermatitis

Vein Treatments Offered



- * Ultrasound Guided Sclerotherapy
- * Varithena
- * Microphlebectomy
- * Veinwave
- * EVLA
- * Cosmetic Sclerotherapy
- * Compression Therapy
- * Venoseal

C. Austin Hunt II, M.D., F.A.C.S., RPVI * Sylvia Eldridge, PA-C * Jamie Gober, PA-C





HORMONE REPLACEMENT THERAPY

HOW AND WHY WE AGE



HORMONAL DEFICIENCY SYMPTOMS INCLUDE:

- Weight Gain
- Loss of Muscle Mass
- Degenerative Diseases (Diabetes, Cancer, Heart Disease, Osteoporosis)
- A Compromised Immune System
- Wrinkling and Thinning of the Skin
- Depression and Stress
- Cognitive Decline
- Insulin Resistance
- Loss of Sex Drive
- Fatigue
- Sleep Disorders

Replenishment of hormones to optimal, physiological levels (not exceeding normal limits) has been shown to alleviate these age-related changes.



Sculp away stubborn fat areas resistant to diet and exercise with SculpSure
Buy 2 areas and get the 3rd area 1/2 OFF!

Black Friday Specials at AVC All November!

Buy 2 full size skin care products (any brand) and get the 3rd 50% off! (3rd must be equal or lesser value)

Your choice of : GLYTONE by ENERPEEL EAU THERMALE **Avène** IS CLINICAL[®] NeoStrata[®] SKIN CEUTICALS

Buy a lash lift pkg of 3 for \$189 & get a Free organic lash treatment and tint!
Plus \$20 Off 5ml Latisse!



Purchase a Tri-Therapy Lifting Serum & Triple Neck Firming Cream for \$184 & Receive a FREE Retinol Peel!
\$125 value!

EVEN MORE SAVINGS! ON DYSPORT, FILLERS, AND SKINPEN

- Buy 2 areas of Dysport & get the 3rd area Free!
- Buy 2 syringes of Filler & get the 3rd syringe Half Off!
- Purchase a \$250 microneedling treatment & get the neck and hands treated Free!

Pumpkin French Toast Casserole Recipes

Recipe by: Marcela Valladolid on foodnetwork.com

Makes
8-10 servings

Ready In
about 1hr



Ingredients:

- 5 tablespoons unsalted butter, melted, plus more for buttering the pan
- One and one-half 15-ounce cans pumpkin puree
- One 14-ounce can sweetened condensed milk
- 1 cup milk
- 1 teaspoon ground cinnamon
- 1 teaspoon vanilla extract

- 4 large eggs
- 1 loaf brioche bread, sliced
- Two 8-ounce package cream cheese, at room temperature
- 1 cup powdered sugar
- 1 cup chopped pecans
- 1/2 cup packed brown sugar
- Pinch of salt
- Maple syrup, for drizzling

Directions:

Preheat the oven to 350 degrees F. Lightly butter a 12-by-8-inch baking pan.

In a large bowl, combine the pumpkin puree, condensed milk, regular milk, cinnamon, vanilla, eggs and 1 tablespoon of the melted butter and whisk until combined. Grab a slice of bread and submerge it in the pumpkin custard. Soak with enough custard to cover both sides of the bread, then transfer it to the prepared baking pan. Repeat the process until the bottom of the pan is covered.

In a stand mixer with the whisk attachment, mix the cream cheese and powdered sugar until combined and the cream cheese is clump free; the mixture should be soft and spreadable.

Spread enough of the cream cheese mixture on top of the bread in the pan to cover all the slices. Soak the remaining bread slices in the remaining custard. Layer them on top of the cream cheese mixture. Combine the pecans, brown sugar and remaining 4 tablespoons melted butter in a bowl. Add a pinch of salt. Top the casserole with the pecan mixture.

Bake until the top is golden, 40 to 45 minutes. Serve with a drizzle of maple syrup.

SculpSure to eliminate stubborn fatty areas such as abdomen, flanks, back, inner and outer thighs, and under the chin



Getting older, losing weight, or having a baby can all have an impact on your appearance. Even when you stick to a healthy diet and a good exercise plan, you may still find that those stubborn pockets of fat around your midsection and thighs just won't go away.

The experts at Alabama Vein and Restoration MedSpa have helped men and women throughout the state reduce or eliminate those muffin tops and fleshy love handles with SculpSure. This nonsurgical body contouring system may be just the solution you're looking for to achieve the figure you've always wanted.

No incisions, no pain

SculpSure technology uses gentle laser energy that targets fat cells beneath your skin without a single incision. This energy heats the core temperature of the fat cells, destroying their structural integrity and killing them. Over the following weeks, your body naturally flushes them from your system.

A SculpSure treatment isn't painful. In fact, you can sit back and relax as the technology works its magic. You may experience a deep warming or tingling sensation as the laser energy travels to the stubborn pockets of fat, but SculpSure technology also features a cooling cycle to ensure you're comfortable throughout your procedure.

Read more on our blog at alabamaveincenter.com!

Mention this advertisement when booking your
consultation on any brow procedure to receive
\$50 off your treatment!

Valid through November 31st 2018.

Fall into beautiful brows at Alabama Vein & Restoration Medspa

Microblading with Shading



ALABAMA VEIN
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Advanced Hair Health

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\$20 OFF a 3 month supply of Viviscal PRO vitamins



Warm up your holidays with this exclusive Free gift AND get the thicker, healthier hair you want.* For a limited time only. FREE premium insulated tumbler (\$30 value) when you buy a 3 month supply of Viviscal™ PRO vitamins, the #1 clinically proven hair growth supplement.

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Viviscal PRO Shampoo, Conditioner, and Elixir now available!
Buy all 3 for only \$85

Recommended Businesses in our Spotlight:



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Birmingham, AL 35242



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Anniston, Alabama 36207

Thank you for all of your loyalty and support. Without you all we would not be where we are today. We are very grateful to every one of you and hope that we can continue to provide vein care for you and and your loved ones. If you have any problems, questions, or concerns, you can contact us anytime. Have a great month! 205-823-0151