

## DIR Session Notes

Child: \_\_\_\_\_ Adult: \_\_\_\_\_ Date: \_\_\_\_\_

**Development:** Where is my child's functional emotional level?

Self regulation	-	+
Shared attention	-	+
Engagement	-	+
<b>Intentional 2 way</b>		
Communication	-	+
Problem Solving	-	+
Emotional Ideas	-	+
Building Bridges	-	+

### Individual Differences:

How is my child processing sensory information?

Sense	Seeks/Avoids	Interfering, disorganizing	Calming,organizing Supports learning	Mixed reaction
Auditory				
Visual				
Touch				
Movement				
Vestibular				
Smell				
Taste				
Motor Planning				

### Relationship:

What did caregiver or teacher do to achieve an optimal co-regulated state?

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How did the child  
Communicate?

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What activities did the child seek or avoid?

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How many circles were open and closed in an average interaction?

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Describe the child's range of emotion?

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What were the child's greatest challenges?

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What were your greatest challenges?

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How will you set up the environment next week to support the child?

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What do you want to remember for next week?