

Adventures in Mentoring:
Craig Takes the Bus
Gratitude for and Contributions to
Our Community Process of
Treatment, Education, Research, Advocacy, and
Evaluation

Josh Feder, MD
SoCal Regional Training @ PCDA
February 26 2012

Joshua D Feder MD

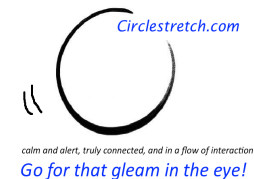
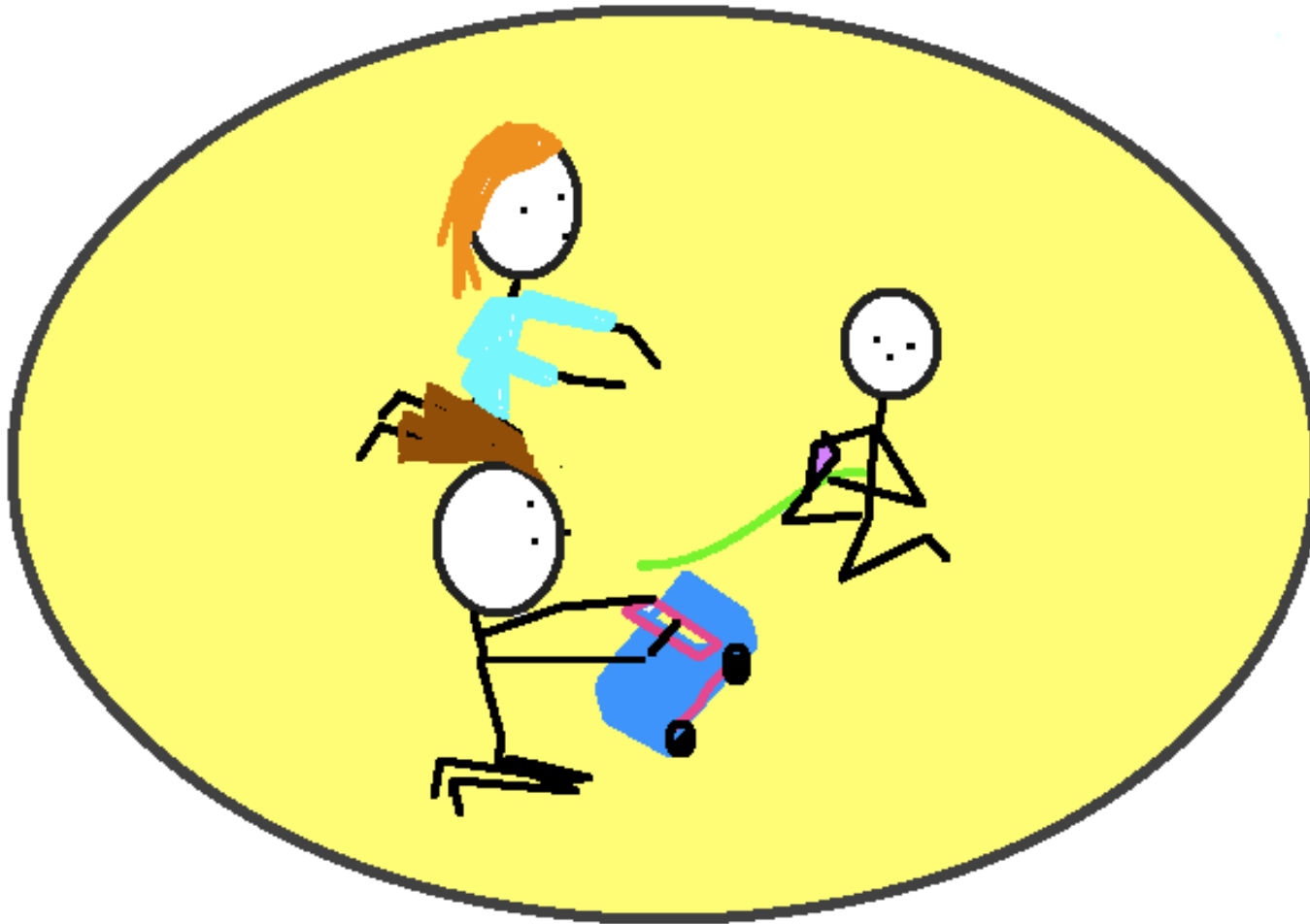
Director of Research, Graduate School,
Interdisciplinary Council on
Developmental and Learning Disorders



Assistant Clinical Professor, Voluntary
Dept of Psychiatry, University of California
at San Diego School of Medicine

Reframing Disclosures

ICDL Research



SPECIAL NEEDS PROJECT



- *Join our COC Community – get 10% off!*



Outline



Remember Rosetta, PA

- A Treatment Community: Craig & Mentors
- Close-in Community: Reflective Process
- Evidence Based Practice as a community process of informed consent
- Broader Community: Research on DIR
- A Growing, Organic Community

Parallel Process

- Colleagues support professionals
- who support parents & caregivers
- who support people with challenges



Non-Directive

- we **avoid telling people what to do**, but help them problem solve –
- creates confidence in one's own competence to solve problems in everyday life and intervention (akin to Tronick's ideas of repair leading to confidence and ability to tolerate stress)



Platinum Rule

- **treat others as you would like them to treat others.**
- A good listener treats you with respect so that you have the support to be able to tolerate the natural stress of helping your client



Good Listening is Good Community

(It's not therapy)

- **Look** – at the person and how they seem to be feeling
- **Listen** – to what the person is saying – what are the main concerns?
- **Learn** – try to figure out how to support the person in problem solving

(from Zero to Three)



Reflective Community Brings Benefits – but requires nurturing

- There are always new challenges
- Nothing ever goes exactly as expected
- We rarely have the support and time we need to think things through with others
- When we do this, we save a lot of time and energy in the long run.
- Make time – regular meetings



Reflective Process: in the moment

- Humility: you do not have the 'answer'
- Facilitate problem solving
- Wonder about the situation
- Track the emotion, then and now
- Statements vs. questions.
- Empowering vs. dictating.



Working as a Community to Build Our Understanding of What Works

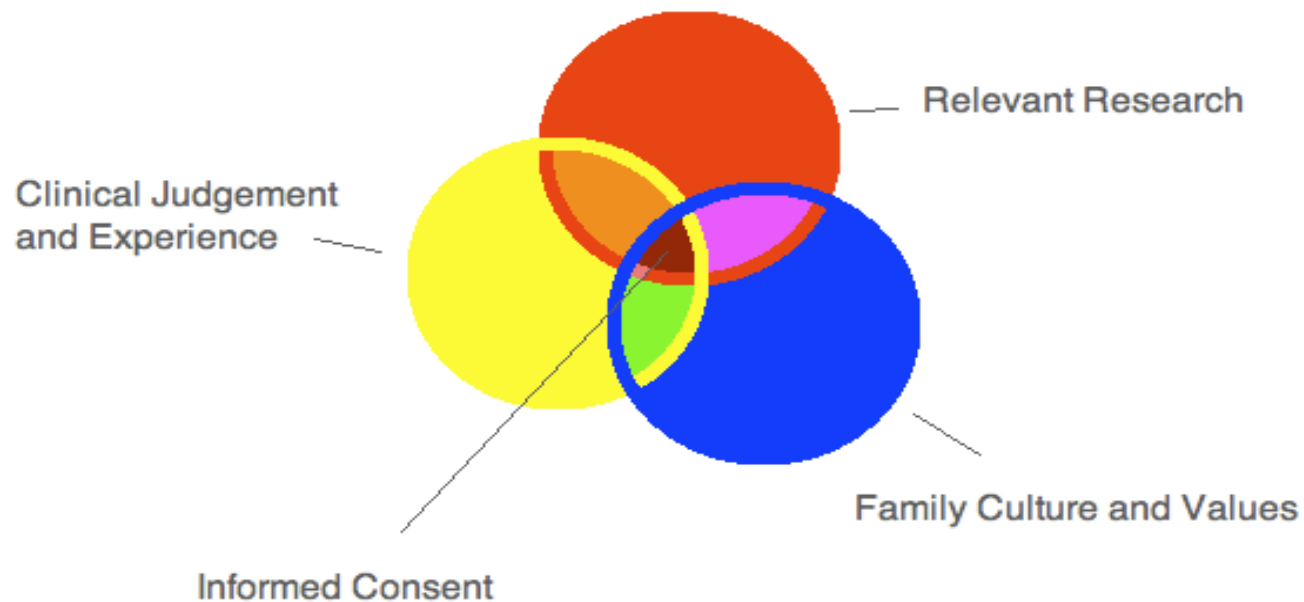
- From writing a paper to document findings
- To developing better DIR research
- Evidence Based Treatment vs.

Evidence Based Practice



Evidence Based Practice, and informed consent

Evidence Based Intervention



Evidence Based Practice: Better Science is a Community Process

Clinicians need to use their judgment and experience in vetting relevant research to provide people with choices so that they can make informed consent decisions based on their own family culture and values.



International Community Research Support for the DIR/Floortime Model

Macro: comprehensive interventions

- Odom, et al. – there is no one ‘winner’..
- Care reports, single case studies
- Salt, Mahoney
- PLAY
- Pajareya
- York

Micro: core concepts

- Joint attention
- Parent coaching

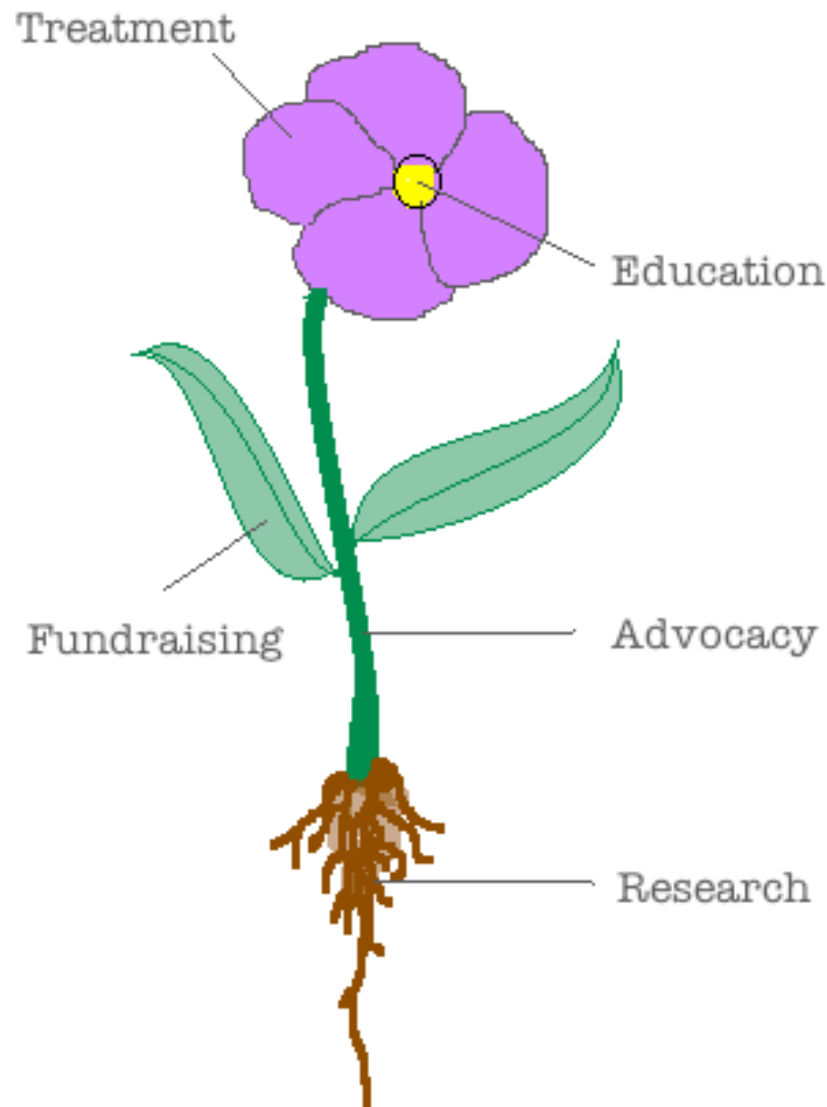


My DIR Research Community

- **Bradberry (Waldron)**. Clinical Case Studies of Post-Secondary Student Interventionists Implementing DIR Programs. *Journal of Developmental and Learning Disorders*, 2004; (6): 49-70. 2002.
- **BRIDGE Collaborative (Marilee!)**. Brookman-Frazee, L., Stahmer, A., Searcy, K., Feder, J. Building a Research-Community Collaborative to Improve Community Care for Infants and Toddlers At-

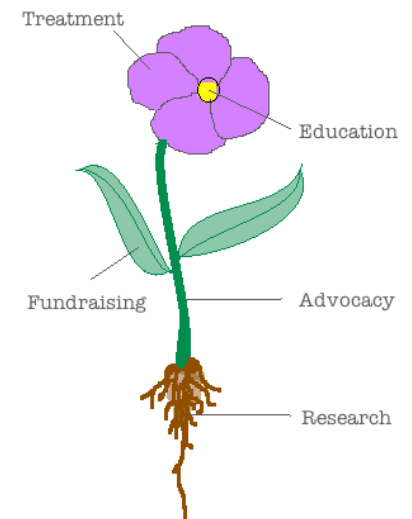


A Growing, Organic Community



Each Part of Our Community is Critical and we all might play several roles

- Research – secures foundation
- Fundraising – provides sustenance
- Treatment – the beautiful creation
- Education – carries it forward
- Advocacy – creates the stability



Building Community: Mentoring and YOU!

- Never work alone
- Schedule *regular* meetings
- With someone who will really listen
- And help you find your own solutions
- Remember Rosetta, PA, and
- Remember the Platinum Rule:

*Treat others
as we want others
to treat others*

