JOSHUA D. FEDER, MD

CHILD, ADOLESCENT, AND FAMILY PSYCHIATRY DIPLOMATE, AMERICAN BOARD OF PSYCHIATRY AND NEUROLOGY

415 NORTH HIGHWAY 101, SUITE E, SOLANA BEACH, CALIFORNIA 92075 tel. (619) 417 7506 fax (888) 959 2137 email jdfeder@mac.com

TRANSITION AND INCLUSION RESOURCES - updated 092218

On-Line Individual Interest, readiness, and Skills Inventories

- National Secondary Transition Technical Assistance Center http://www.nsttac.org
- Taxonomy for Transition Planning http://homepages.wmich.edu/~kohlerp/pdf/Taxonomy.pdf
- My Future http://www.myfuture.com/toolbox/workinterest.html
- Career Voyages www.careervoyages.com
- Career Clusters www.careerclusters.org (download in pdf format)
- Dept of Labor www.onetcenter.org
- ChoiceMaker SD Assessment www.sopriswest.com (cost \$14 for 25 copies)
- Choose and Take Action: Finding a Job for You 800.547.6747;
 www.sopriswest.com (\$150)
- Casey Life Skills inventory free www.Caseylifskills.org
- Going to College.org (college planning socially for persons with developmental disabilities including what to do to get into college, what to expect there, and how to survive academically) http://www.going-to-college.org
- Occupational Outlook Handbook www.bls.gov/oco/home.htm (full version) free and www.bls.gov/k12/index.htm (junior version) also free
- **Job Videos** (to watch videos about jobs) http://acinet.org/acinet/videos.asp? id=27,&nodeid=27 Ref: www.cleinc.net 1-800-486-5058
- Keeping It Together notebook organizers for comprehensive life planning (free) http://www.canchild.ca/en/canchildresources/kityouthkit.asp
- Autism Speaks Postsecondary Educational Opportunities Guide: http://www.autismspeaks.org/sites/default/files/documents/postsecondary_educational_opportunities_guide.pdf
- Vocational Training for Adults with Special Needs
- Managing Your Child's Transition to Adulthood

Federal Resources:

- Schedule A just needs a doctor's note to qualify for disability in the Federal government jobs system, which helps with getting those jobs.
- USAJOBS website has listings for federal jobs.
- Federal Transition Resource Directory Descriptions of Federally-supported Projects and Centers that focus on Youth Transition. Directory at: http://psocenter.org/Docs/Resources/SecondaryTransition/TransitionResourceDirectoryfinal.pdf
- National Collaborative on Workforce and Disability http://www.ncwdyouth.info/resources_&_Publications/assessment.html

- http://www.postitt.org/
- The Guidance Activities are organized in 6 units:
 - 1. Self Advocacy
 - 2. Assistive Technology
 - 3. Planning for College
 - 4. Applying to College
 - 5. Disability Services
 - 6. Adult Human Services
- Skills that pay the bills: www.dol.gov/odep/topics/youth/softskills/ free training in soft skills needed to function in the workplace.
- **Project PRIDE**, a parent information and training project funded by the Rehabilitation Services Administration.
 - Start Now to Chart Your Youth's Career Path After Graduation (PHP-c162)
 (http://www.pacer.org/publications/transition.asp#handouts) options available to young adults after high school.
 - o Help Your Young Adult Learn About Accessing Accommodations After High School (PHP-c165) (http://www.pacer.org/publications/transition.asp#handouts) Americans with Disabilities Act (ADA) and the Rehabilitation Act of 1973, services are not provided automatically. This handout discusses methods to advocate for accommodations in postsecondary education and training, employment and for independent living.
 - o These and other PACER Center handouts for parents specifically on the Americans with Disabilities Act and other transition issues can be found on the PACER Web site at http://www.pacer.org/publications/transition.asp#handouts

State Resources:

• Dept. of Vocational Rehabilitation - 760 479 1200

Transition books -

- Aquamarine Blue 5: Personal Stories Of College Students With Autism
- Developing Talents Temple Grandin
- How Rude Alex Packer
- Preparing for Life: The Complete Guide for Transitioning to Adulthood for Those with Autism and Asperger's Syndrome
- Realizing the College Dream With Autism or Asperger Syndrome: A Parent's Guide to Student Success
- Social Skills Picture Book for High School and Beyond
- Succeeding in College With Asperger Syndrome by Harpur, John...
- The Unwritten Rules of Social Relationships: Decoding Social Mysteries Through the Unique Perspectives of Autism
- You're Going to Love This Kid Paula Kluth www.paulakluth.com writes many books on inclusion

Transition Programs:

- ACES 619-278-0884
- Community Catalysts 858-569-1055

- COMPASS Family Center USD 619 260 7667, fax 619 849 8125; www.sandiego.edu
- Connie 858 695 2211 transtional program for persons 18-24, w/ mediCal or no insurance, axis I dx - for transitions to adulthood
- Options for All (formerly Employment and Community Options) 858-565-9870 https://optionsforall.org
- Partners With Industry 619-681-1999
- TIEE Urban Skills Center (USC) 619 243 1325
- TMI Toward maximum Independence 858 467 0600

Supported Living Programs and Resources:

- Community Interface Services 760-729-3866, 888-676-3786
- Creative Support Alternatives 619 668 2228
- Home of Guiding Hands 619 938 2850
- New Pathways 858 722 1948
- Tenants Rights and Housing Assistance for the Disabled
- Transition to Adulthood: Home Remodeling for Young Adults with Special Needs
 - Special Needs Checklist: How Disability-Friendly is Your City?

College Support (private)

- CLE College Living Experience Experience CLE.com: Austin, Chicago, Denver, Ft. Lauderdale, Monterey, Washington, D.C., & summer program (Denver)
- College Internship Program http://www.cipworldwide.org/

Online Transition Research:

- Transition Coalition, University of Kansas http://transitioncoalition.org
- Zarrow Center for Learning Enrichment, University of Oklahoma http://education.ou.edu/zarrow/
- College Autism Spectrum http://collegeautismspectrum.com/index.html

Inclusion Researchers in San Diego

- ACHIEVE group RCHSD/UCSD Mary Baker PhD et. al (incl. Josh Feder MD) with multiple community partners
- Anne Donalan USD
- Jackie Thousand CSUSM institute
- Doug Fisher SDSU
- Bonnie Kraemer PhD SDSU 619 594 3492