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What Is Vertigo?

- ~Dizziness, a sense that your surroundings are spinning, loss of balance, nausea
- ~Vertigo can be triggered by a change in head position such as lying down, turning over in bed, and looking up

How Can Physical Therapy Help?

Join us for a seminar by Hannah Frost, PT, DPT, COMT, Cert MDT, RYT
Tuesday, Nov 6 at 5:30pm
Summit Physical Therapy AZ, SE corner of Lindsay and Warner in Gilbert

Light refreshments will be served

