

ALABAMA VEIN CENTER

JULY 2018 Ed.

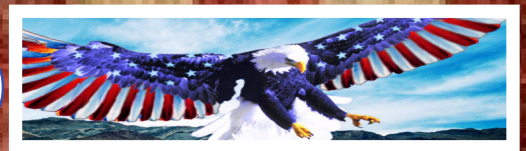
experience healthy, beautiful, pain free legs again

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July Specials !

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At Alabama Vein Center, our goal is to improve the quality of life of our patients. We utilize cutting edge technology and the most advanced venous procedures to establish an accurate diagnosis and for successful treatment.

We strive to provide compassionate, comprehensive vein treatments for patients with venous insufficiency, venous ulcers, and spider veins. As a team comprised of physicians, physician assistants, and other medical staff, we work from the top to the bottom to achieve our goal of taking care of our patients in the most pleasant and efficient way possible.

Conditions Treated

Varicose Veins • Spider Veins • Venous Ulcers • Stasis Dermatitis

Vein Treatments Offered



- * Ultrasound Guided Sclerotherapy
- * Varithena
- * Microphlebectomy
- * Veinwave
- * EVLA
- * Cosmetic Sclerotherapy
- * Compression Therapy
- * Venoseal

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Our bodies are constantly changing and sometimes things just don't work as well as they used to. You might think that you just have to accept the aging process, and while that's partially true, there are things you can do to feel better.

Research shows that both men and women experience a drop in life-sustaining hormones as they age. Hormones are molecules that are released into the bloodstream and exert biochemical effects on receptor sites, regulating our body's temperature, reproduction, growth, aging and immune functions.



As messengers of the central nervous system, hormones instruct our internal organs on how to function. Replenishment of hormones to optimal, physiological levels (not exceeding normal limits) has been shown to alleviate these age-related changes.

Have you been asking yourself questions like:

- Why am I so tired lately?
- I'm not eating any different so why am I gaining weight?
- Why has my sexual desire and function decreased?
- Why am I feeling so depressed lately?
- Nothing has changed, so why am I feeling so stressed?
- Why can't I sleep as well as I used to?

There's a possibility your hormones may be to blame! If you are experiencing these or other similar issues, it's important to get your hormone levels tested.

What is hormone testing?

Don't worry, it's nothing scary or complicated. When you attend your appointment, an age management physician will conduct an initial consultation and draw blood for testing. Based on the results of these tests and other evaluations, your physician will formulate an optimal hormone replacement regimen that is specifically tailored to your needs.

Your personalized program will include prescriptions and recommendations for appropriate dietary supplements, exercise, and proper nutritional guidelines. This preventive medicine program is designed to help you feel, function and live your best while preventing age-related decline in health.

Don't let the natural aging process slow you down! With our team at your side, you can live a happy, healthy and well-rounded life. Visit our website to make an appointment. <http://www.restorationmedicine.com/>

July Specials 2018



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purchase, Value \$125

**\$84 Neostrata Neck
Firming Cream**

SkinPen
by Bellus Medical

Skin Pen Package \$1295 (\$100 OFF original price of \$1395) includes 3 treatments with Post Procedure Kit (90 day kit) and Skinfuse Surge Collagen Booster (\$520 value)

Nuface Trinity Pro Device \$595 includes: Red Light & Eye attachments & 24K Gold Gel Primer (receive 10 free units of Botox with purchase)

Recipes

Uncle Sam Banana Split by 15awhite at allrecipes.com

Makes:
serves up to five

Prep:
15m

Ready:
15m



Ingredients:

- 5 fluid ounces heavy whipping cream
- 3 cups vanilla ice cream
- 3 cups chocolate ice cream
- 3 cups strawberry ice cream
- 2 bananas, chopped
- 1 (5.5 ounce) can chocolate syrup
- 7 tablespoons caramel ice cream topping
- 5 tablespoons multicolored candy sprinkles, or to taste

Directions:

Beat heavy cream with an electric mixer in a chilled metal bowl until light and fluffy, 3 to 5 minutes. Set whipped cream aside.

Scoop vanilla, chocolate, and strawberry ice cream into a large serving bowl. Sprinkle with bananas and spread whipped cream over bananas and ice cream. Drizzle with chocolate and caramel toppings and scatter candy sprinkles over the sundae.



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What is microphlebectomy?

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Are you one of the millions of Americans living with varicose veins? Not only are veins noticeable from an aesthetics perspective, in some cases, they have the potential to also lead to more serious health problems like chronic venous insufficiency or deep vein thrombosis.

If you've noticed an increase in varicose veins forming on your thighs and legs, you may want to consider a microphlebectomy. This minimally invasive procedure is specifically designed to remove large and medium-sized varicose veins through small incisions made in the leg. Not only is microphlebectomy effective, it's relatively quick and incredibly safe. Let's take a closer look at some of the benefits:



It's an outpatient procedure. Microphlebectomies are performed as outpatient procedures. Our welcoming, state-of-the-art offices are designed to provide a comfortable and relaxing environment for all of our patients. In most cases, patients only need to take a day or two off of work.

It takes less than an hour. A microphlebectomy usually takes less than an hour to complete. During the procedure, your doctor will make a small incision in your leg. They will then carefully remove the vein, and seal it up using a bandage; in most cases, stitches aren't even necessary. This process does not impact your circulation at all. The human body is great at adapting and will re-route the blood flow to veins that are deeper in your legs.

There are few restrictions. Some medical procedures require a very specific set of guidelines and qualifications. The majority of individuals who want to undergo microphlebectomy will qualify. In fact, many of our patients tell us they wish they had undergone the process sooner.

If you are tired of living with painful and noticeable varicose veins, contact the team at Alabama Vein Center today at . We'll be happy to meet with you and determine which form of vein treatment best meets your individual needs.

WINNER!

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limited time
ask for details!

So how exactly does tattoo lightening work?

So you've got some ink you'd rather get rid of, but intense laser treatments don't really seem that appealing to you. Luckily, here at AVC Aesthetics we have a revolutionary tattoo lightening procedure that is safer and gentler than laser treatments. Take a look at these frequently asked questions about our tattoo and pigment lightening process, and decide if it is right for you!

How is a tattoo lightened?

AVC Aesthetics uses a saline solution to lighten tattoos. A salt paste is applied to the tattoo area. The salt draws the pigment to the surface of the skin, where it will eventually exfoliate away. This lightens the appearance of the tattoo over several months. Three or four procedures will be required before a client will see the desired results.



What are the benefits of lightening a tattoo this way?

Compared to the other common way of lightening tattoos with laser removal treatments, this method is safer and less painful. This method has less risks of blistering, scarring, or changing of skin color than laser treatments.

Is there any pain involved with this process?

Clients can expect some mild bruising and bleeding in the area of the tattoo, as well as some tenderness. These problems should heal within the first week or so. Again, these side effects are mild compared to laser treatments.

Who would be the best candidates for the procedure?

People who are looking to gradually lighten their tattoo over a long period of time would be good candidate for this procedure. Clients also need to be diligent in following the aftercare instructions. People who are taking blood thinning medications or who want their tattoo removed as soon as possible would not be good choices for this procedure.

Will my tattoo be completely removed?

Unfortunately, in most cases this procedure does not completely remove the appearance of the tattoo. Clients can expect a lighter tattoo over the course of several months and three to four procedures.



Independence Day, also referred to as the Fourth of July or July Fourth, is a federal holiday in the United States commemorating the adoption of the Declaration of Independence on July 4, 1776. The Continental Congress declared that the thirteen American colonies regarded themselves as a new nation, the United States of America, and were no longer part of the British Empire. The Congress actually voted to declare independence two days earlier, on July 2.

Independence Day is commonly associated with fireworks, parades, barbecues, carnivals, fairs, picnics, concerts, baseball games, family reunions, and political speeches and ceremonies, in addition to various other public and private events celebrating the history, government, and traditions of the United States. Independence Day is the National Day of the United States.

-wikipedia.org

Recommended Businesses:

The Price Agency services all of our insurance and financial planning needs. They are truly and outstanding group of professionals providing exceptional customer service



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Thank you to all our patients!

Thank you for all of your loyalty and support. Without you all we would not be where we are today. We are very grateful to every one of you and hope that we can continue to provide vein care for you and and your loved ones. If you have any problems, questions, or concerns, you can contact us anytime. Have a great month!