



*Give the gift  
of relaxation*



*Happy Valentine's Day!*

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# ALABAMA VEIN CENTER

experience healthy, beautiful, pain free legs again..

February 2017

The Premier Vein and Cosmetic Centers of Alabama

Prattville - Tuscaloosa - Birmingham - Oxford - Cullman

1.877.268.8346

[www.alabamaveincenter.com](http://www.alabamaveincenter.com)



700 Montgomery Highway • Suite 210 • Vestavia Hills, Alabama 35216  
 P: (205) 823.0151 • F: (205) 823.5218 • www.alabamaveincenter.com

At Alabama Vein Center, our goal is to improve the quality of life of our patients. We utilize cutting edge technology and the most advanced venous procedures to establish an accurate diagnosis and for successful treatment.

We strive to provide compassionate, comprehensive vein treatments for patients with venous insufficiency, venous ulcers, and spider veins. As a team comprised of physicians, physician assistants, and other medical staff, we work from the top to the bottom to achieve our goal of taking care of our patients in the most pleasant and efficient way possible.

## Conditions Treated

Varicose Veins • Spider Veins • Venous Ulcers • Stasis Dermatitis

## Vein Treatments Offered

- Ultrasound Guided Sclerotherapy
- Varithena
- Microphlebectomy
- Veinwave
- EVLA
- Cosmetic Sclerotherapy
- Compression Therapy

### *Alabama Vein Center Spider Vein Removal*



*Before*



*After 1 sclero treatment*

C. Austin Hunt II, M.D., F.A.C.S., RPVI • Sylvia Eldridge, PA-C





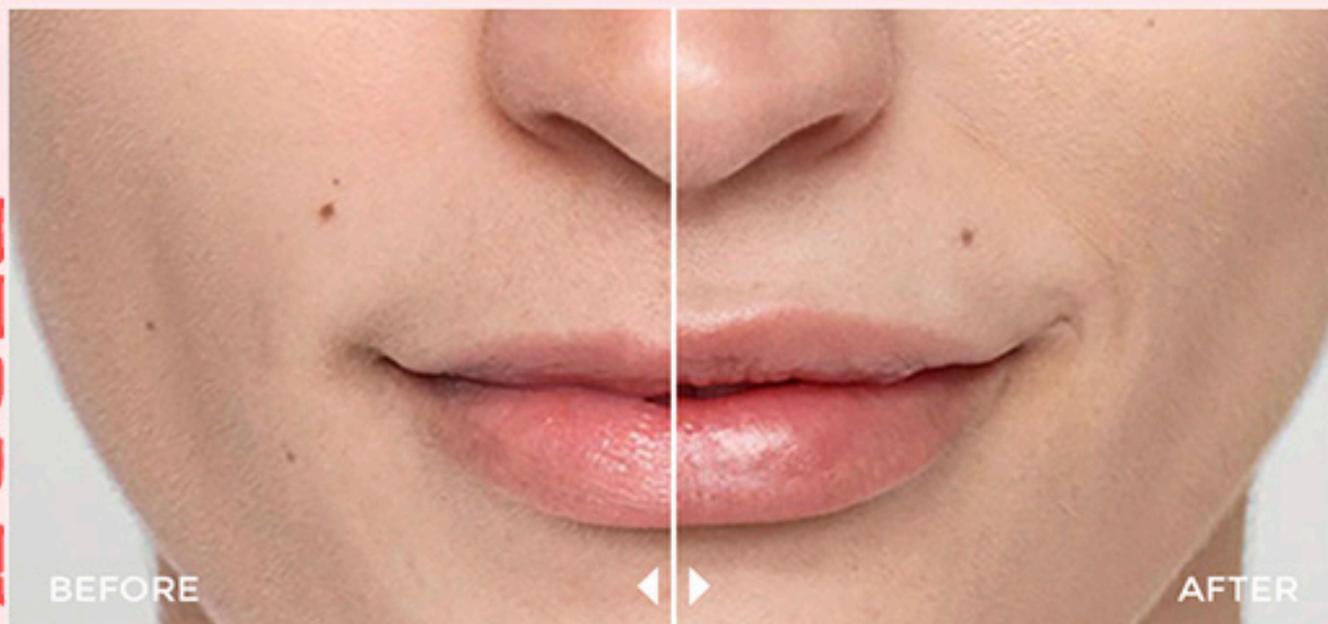
Gift cards available online or in office!

Interested in giving your special someone a treatment to remember? We have many spa and aesthetic services to choose from that would make the perfect Valentine's Day gift. To see all of the services we have to offer please visit our website at [www.avcaesthetics.com](http://www.avcaesthetics.com).

A sample Selection of current offerings:

Injectables - Botox - Juvederm - Dysport - Facials  
Laser Hair Removal - SkinPen - Microblading  
Permanent Makeup - Lashlift and Tint  
Body Massages - Microdermabrasion - Chemical Peels

## This Valentines Day love your Lashes & Lips at AVC Aesthetics



fill your lips with   
Restalyne Silk 1 Syringe only \$399  
..savings of \$160!! Limited Qty

Dysport \$199 per treatment area.

Elleebana Lash Lift \$10 OFF  
~addan Organic Lash  
Conditioning treatment for \$15



Get long lasting Lip Color with permanent makeup  
Lip Liner \$425

Full Lip Shading \$650

Shading Lip Liner \$525

~prices include 1 touch up

Mention ad & receive \$25 OFF \*Permanent makeup

\*(valid for lips only)



**FEBRUARY SPECIALS**

# Recipes

## White Chocolate Raspberry Cheesecake

A delicious recipe by Cindy Shank on [allrecipes.com](http://allrecipes.com)



Prep 1 Hour

Cook 1 Hour

Ready in 10 Hour

### Ingredients:

- 1 cup chocolate cookie crumbs
- 3 tablespoons white sugar
- 1/4 cup butter, melted
- 1 (10 ounce) package frozen raspberries
- 2 tablespoons white sugar
- 2 teaspoons cornstarch
- 1/2 cup water
- 2 cups white chocolate chips
- 1/2 cup half-and-half cream
- 3 (8 ounce) packages cream cheese, softened
- 1/2 cup white sugar
- 3 eggs
- 1 teaspoon vanilla extract

### Directions:

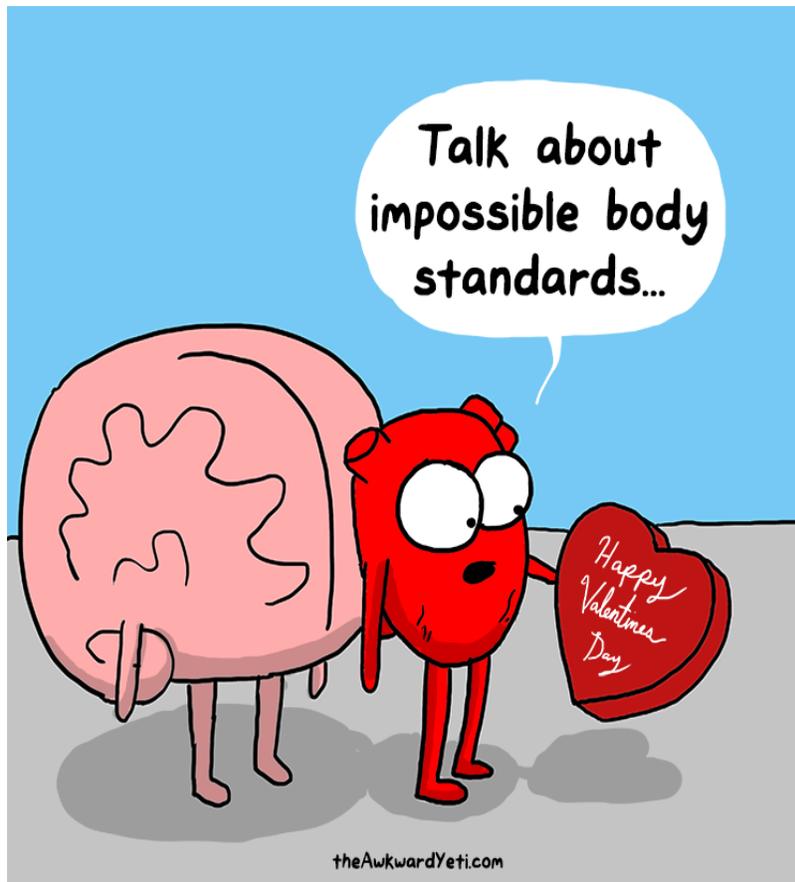
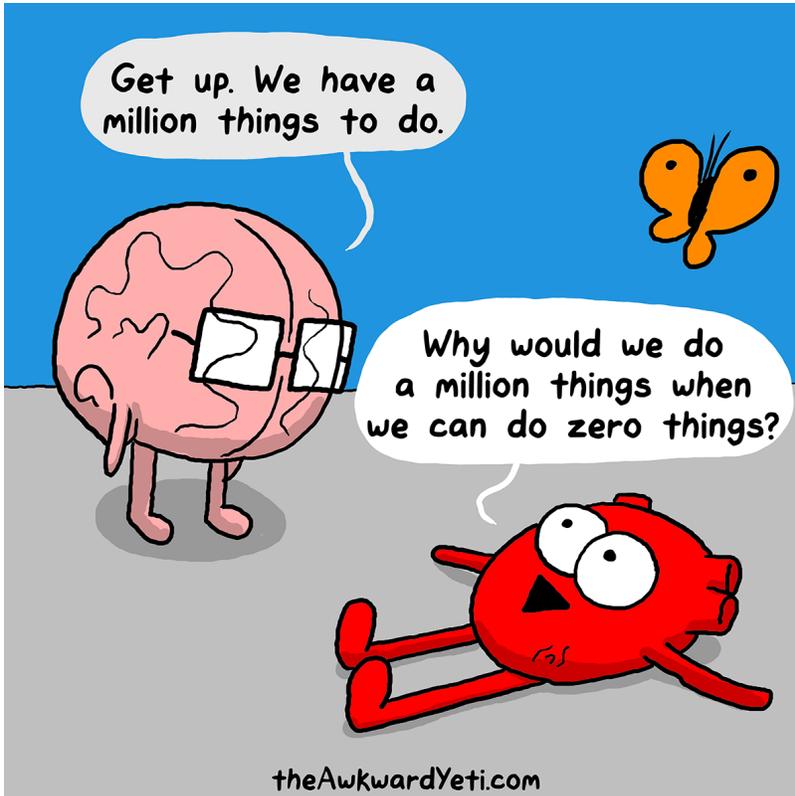
-In a medium bowl, mix together cookie crumbs, 3 tablespoons sugar, and melted butter. Press mixture into the bottom of a 9 inch springform pan.

-In a saucepan, combine raspberries, 2 tablespoons sugar, cornstarch, and water. Bring to boil, and continue boiling 5 minutes, or until sauce is thick. Strain sauce through a mesh strainer to remove seeds.

-Preheat oven to 325 degrees F (165 degrees C). In a metal bowl over a pan of simmering water, melt white chocolate chips with half-and-half, stirring occasionally until smooth.

-In a large bowl, mix together cream cheese and 1/2 cup sugar until smooth. Beat in eggs one at a time. Blend in vanilla and melted white chocolate. Pour half of batter over crust. Spoon 3 tablespoons raspberry sauce over batter. Pour remaining cheesecake batter into pan, and again spoon 3 tablespoons raspberry sauce over the top. Swirl batter with the tip of a knife to create a marbled effect.

-Bake for 55 to 60 minutes, or until filling is set. Cool, cover with plastic wrap, and refrigerate for 8 hours before removing from pan. Serve with remaining raspberry sauce.





# iS CLINICAL®

## IS CLINICAL VALENTINE GIFT BUNDLE

Purchase any iS Clinical Serum and  
Neck Perfect Complex for \$225 and  
receive a full size  
Cleansing Complex FREE.  
(\$40 value)



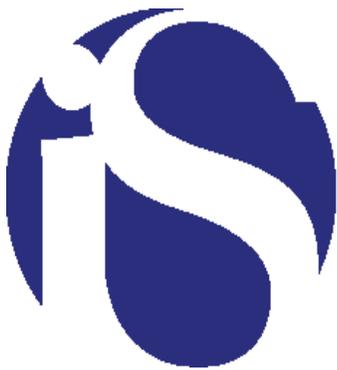
*(while supplies last)*

# SKINCEUTICALS

Advanced Skincare  
Prevention, Protection,  
and Correction



# Avène



# iS CLINICAL®

# RESTORATION MEDICINE

at Alabama Vein Center



## HORMONE REPLACEMENT THERAPY

### HOW AND WHY WE AGE



### HORMONAL DEFICIENCY SYMPTOMS INCLUDE:

- Weight Gain
- Loss of Muscle Mass
- Degenerative Diseases (Diabetes, Cancer, Heart Disease, Osteoporosis)
- A Compromised Immune System
- Wrinkling and Thinning of the Skin
- Depression and Stress
- Cognitive Decline
- Insulin Resistance
- Loss of Sex Drive
- Fatigue
- Sleep Disorders

Replenishment of hormones to optimal, physiological levels (not exceeding normal limits) has been shown to alleviate these age-related changes.

### Recommended Businesses:

The Price Agency services all of our insurance and financial planning needs. They are truly and outstanding group of professionals providing exceptional customer service



#### Contact Info

Website : <http://www.thepriceagencyinc.com>

Phone: (205) 991-5106

Email: [breckprice@allstate.com](mailto:breckprice@allstate.com)

Address: 470 Riverhills Business Park  
Birmingham, AL 35242

West Alabama Family Practice & Sports Medicine In Tuscaloosa, AL



#### Contact Info

Website : <http://www.wafpsm.com>

Phone: (205) 339-0171

Address: 100 Rice Mine Road Loop Ste 206  
Tuscaloosa, Alabama 35406

### Thank you to all our patients!

Thank you for all of your loyalty and support. Without you all we would not be where we are today. We are very grateful to every one of you and hope that we can continue to provide vein care for you and and your loved ones. If you have any problems, questions, or concerns, you can contact us anytime. Have a great month!