

WHAT IS A HIP ARTHROGRAM?

This hip injection targets the joint where the leg joins the pelvis. A steroid medication is then injected into the joint. To ensure proper placement of the medication the procedure is done under fluoroscopy.

HOW DOES THE PROCEDURE WORK?

While lying on your back on an x-ray table your skin will be cleansed and prepared. An x-ray is taken of your hip joint to know the exact location to place the medication. Then a needle will be inserted into the joint. An anesthetic and steroid medication is slowly injected into the area.

WHAT SHOULD I EXPECT?

During the injection, your pain may increase temporarily. Following the procedure, you may experience some initial discomfort for about 2-3 days. Once the medication reaches the inflamed area, your pain should hopefully be relieved.

