

Asthma
Environmental Allergies
Sinusitis
Urticaria
Food Allergies
Insect Allergy
Atopic Dermatitis
Contact Dermatitis
Drug Allergy
Immunodeficiency
Occupational Allergy
Anaphylaxis
Bronchitis
Chronic Cough
Allergic Rhinitis
Immunotherapy

Contact Dermatitis



Contact dermatitis refers to an inflammation of the skin resulting from *direct* contact of a substance with the surface of the skin. Unlike atopic dermatitis, there is not necessarily a pre-disposition to allergic disease.

Symptoms of contact dermatitis include:

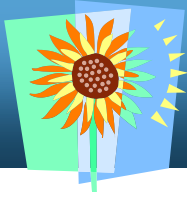
- Red rash, bumps or a burn-like rash on the skin
- Itchy, painful or burning skin
- Blisters and draining fluid

There are **two types of contact dermatitis**:

1. Irritant contact dermatitis is the most common form and is caused when substances such as solvents or other chemicals irritate the skin. The exposure produces red, often more painful than itchy, patches on the involved skin areas.
2. Allergic contact dermatitis occurs when a substance triggers an immune response. Nickel, perfumes, dyes, rubber (latex) products, topical medications and cosmetics frequently cause allergic contact dermatitis.

Sources: <http://www.aaaai.org/conditions-and-treatments/conditions-dictionary/contact-dermatitis.aspx>
<http://siklusair.com/mild-atopic-dermatitis-arms>

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Allergic Contact Dermatitis

Allergic contact dermatitis occurs when your skin comes in direct contact with an allergen. For instance, if you have a nickel allergy and your skin comes in contact with jewelry made with even a very small amount of nickel, you may develop red, bumpy, scaly, itchy or swollen skin at the point of contact.

Coming in contact with poison ivy, poison oak and poison sumac can also cause allergic contact dermatitis. The red, itchy rash is caused by an oily coating covering these plants. The allergic reaction can come from actually touching them, or by touching clothing, pets or even gardening tools that have come in contact with the oil.

If you are experiencing any contact dermatitis or skin irritation, please give us a call to schedule an appointment at: (516) 822-6655

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