

INSTRUCTIONS: NUCLEAR/LEXISCAN/PERSANTINE TESTING

PLEASE READ INSTRUCTIONS COMPLETELY BEFORE SIGNING!!!!!!!!!!!!!!!!!!!!!!

Failure to keep your appointment after confirming with us will result in a charge of \$150.00, not payable by your insurance company. Please give us 24 hour notice for any cancellations or rescheduling.

PATIENT _____

SCHEDULE DATE _____

TIME OF TEST _____

DURATION OF TEST: 3-5 HOURS

- DO NOT eat or drink anything after midnight the night before.
- DO NOT smoke the morning of the test.
- DO NOT have caffeine of any kind (coffee, tea, soda or chocolate)
- Please refer to the next page regarding medications. NOTE: If your blood pressure medication is not listed on the second page, please take it the morning of the test with a small sip of water.
- Please ask the Doctor about your blood pressure medications and diabetes medications (Including Insulin)
- Females should inform us if you are pregnant, planning to become pregnant or if you are nursing.
- Wear comfortable clothing and shoes for the treadmill exercise part of the test.
- You may bring lunch or a snack. After the treadmill part of the test, you will be allowed to eat and drink.

I understand that I will have to pay \$150.00 if I do not keep my appointment AFTER confirming.

Signature _____

NOTICE: For safety reasons, children and pregnant woman may not accompany patients who are here for the stress tests. Due to limited seating, only persons helping with care/transportation may accompany the patient.

10756 Rhode Island Avenue Beltsville, Md. 20705 301 595-0356

WE ASK THAT YOU DO NOT TAKE THESE MEDICATIONS THE DAY OF THE TEST.

(BETA BLOCKERS)

INDERAL	-	PROPRANOLOL
ATENOLOL	-	TENORMIN
LOPRESSOR	-	METOPROLOL
METOPROLOL (EXT RELEASE)	-	TOPROLOL XL
BEXTAXOLOL	-	KERLONE
NADOLOL	-	CORGARD
PENBUTOLOL	-	LEVATOL
BISOPROLOL	-	ZEBETA
CARTELOL	-	CARTROL
ACEBUTOLOL	-	SECTRAL
BYSTOLIC		

(BETA AND ALPHA BLOCKERS)

LABETOLOL	-	NORMADYNE
LABETALOL	-	TRANDATE
CARVEDILOL	-	COREG