

Manhattan Dermatology, PLLC

William T. Long, MD
Wendy Long Mitchell, MD

71 Park Avenue Suite 1A
New York, NY 10016
Telephone (212) 689-9587
Fax (212) 689-8519

Forrest N. White, MD
George Kihiczak, MD
Taylor DeFelice, MD
36A East 36th Street Room 202
New York, NY 10016
Telephone (212) 683-6073
Fax (212) 679-1778

IN PREPARATION FOR YOUR SCITON LASER TREATMENT:

STOP RETINOID AND VITAMIN C CREAMS ONE WEEK PRIOR TO PROCEDURE.
PLEASE TAKE ALL REGULAR MEDICATIONS ON THE DAY OF THE PROCEDURE.
PLEASE DO NOT EAT A LIGHT MEAL PRIOR TO COMING TO THE OFFICE.
ARRIVE ONE AND HALF HOURS (90 MIN) PRIOR TO YOUR APPOINTMENT TIME FOR
NUMBING CREAM APPLICATION.
BRING YOUR PRESCRIBED PILLS WITH YOU TO THE OFFICE (SEE BELOW).
YOU MUST HAVE A FRIEND OR FAMILY MEMBER BRING YOU HOME.

YOU WILL NEED THE FOLLOWING FOR POST-LASER CARE:

- ✓ ICE PACKS
- ✓ WHITE VINEGAR (FOR SOAKS)
- ✓ A NEW LARGE TUB OF VASELINE
- ✓ CLEAN WASH CLOTH (BABY WASH CLOTHS ARE BEST)

YOU WILL BE GIVEN 4 PRESCRIPTIONS:

1. **VALTREX/VALCYCLOVIR** – Take 1 tablet in the morning and at night the day prior to the procedure, day of and day after. 90% of people have HSV-1 in the mouth, while only 10% get cold sores. Sometimes laser procedures can trigger an infection with herpes on the face, even if a person has never had a cold sore. This medication is to prevent this infection.
2. **AUGMENTIN/AMOXICILLIN-CLAVULANATE** – Please take 1 pill 2 times a day for 1 week starting the day prior to the procedure. This is an antibiotic to prevent bacterial infection. (If you are allergic to penicillin we will prescribe Cipro/Ciprofloxacin, which you will take 2 times a day for 1 week).
3. **VALIUM/DIAZEPAM** – We will ask you to take one at the office about an hour before the procedure. This medication helps relax people, as the procedure can be a bit uncomfortable.
4. **PERCOCET/ACETAMINOPHEN/OXYCODONE** – We will ask you to take one at the office about an hour before the procedure. This is a prescription pain reliever, as the procedure can be a bit uncomfortable.

THERE IS A \$500 FEE FOR CANCELLING/RESCHEDULING A SCITON LASER APPOINTMENT LESS THAN ONE WEEK PRIOR TO APPOINTMENT (UNLESS IT'S AN EMERGENCY THAT YOU DISCUSS WITH YOUR DOCTOR).
IF YOU NEED TO RESCHEDULE YOUR SCITON LASER APPOINTMENT, DO SO AT LEAST ONE WEEK PRIOR TO YOUR APPOINTMENT.