

Manhattan Dermatology, PLLC

William T. Long, MD
Wendy Long Mitchell, MD
George Kihiczak, MD
Taylor DeFelice, MD
Forrest N. White, MD

36A East 36th Street, Ste. 202
New York, NY 10016
Telephone (212) 683-6073
Fax (212) 689-8519

Preparation for your Fraxel Dual 1550/1927 or Clear + Brilliant laser treatments

Please avoid the following 2 weeks prior to treatment:

(You will be avoiding the following for 2 weeks after the treatment, as well.)

Prescription retinoids:

- Retin-A™ (tretinoin)
- Tazorac™ (tazarotene)
- Atralin™ (tretinoin)
- Differin™ (adapalene)
- Epiduo™ (adapalene/benzoyl peroxide)
- Tretin-X™ (tretinoin)
- Ziana™ (tretinoin/clindamycin)
- Avage™ (tazarotene)

Products containing:

- Retinol/retinoic acid
- Glycolic acid
- Salicylic acid
- Alpha-hydroxy acid
- Ascorbic acid (vitamin c)
- Benzoyl peroxide

Tanning bed use or excessive sun exposure.

(We will not be able to perform the treatment if your skin is tan.)

Laser or cosmetic light treatments (i.e. IPL, hair removal, etc.)

Waxing, threading and electrolysis

Abrasive scrubs or brush cleansing tools

Microdermabrasion treatments or facials

Please purchase the following for post-procedure care:

- CeraVe™ or Cetaphil™ lotion and cleanser
- Sunscreens with SPF 30 or higher (i.e. Neutrogena Healthy Defense, CeraVe AM, CeraVe Invisible Zinc, Olay Complete Defense Daily UV Moisturizer, La Roche-Posay Anthelios)

THERE IS A \$500 FEE FOR CANCELLING/RESCHEDULING A FRAXEL OR CLEAR + BRILLIANT LASER APPOINTMENT LESS THAN ONE WEEK PRIOR TO APPOINTMENT (UNLESS IT'S AN EMERGENCY THAT YOU DISCUSS WITH YOUR DOCTOR). IF YOU NEED TO RESCHEDULE YOUR FRAXEL OR CLEAR + BRILLIANT LASER APPOINTMENT, DO SO AT LEAST ONE WEEK PRIOR TO YOUR APPOINTMENT.