

## Treatment and Rejuvenation

At Sleep and Wellness Medi Spa & Laser, we optimize your health and wellness with an integrative and restorative approach, and help you achieve internal and external beauty with natural rejuvenation and youthful appearance. We utilize various nonsurgical cosmetic procedures including lasers, dermal fillers, neuro-modulators, micro-needling, laser fat reduction and skin tightening with RF technology to help you look and feel your best.



### ICON Laser with MaxG™ IPL Photofacial handpiece and 1540 fractional non-ablative laser

The Icon can address several of the most common skin concerns, including facial veins, redness, scars resulting from surgery, acne, or other problems. It reduces stretch marks, fine lines, wrinkles, sun spots, age spots, and other lesions that form due to cumulative sun exposure.

The Icon with Max-G handpiece is arguably the best IPL device available. IPL Photofacial treats discoloration, such as sun damage-induced freckles, brown spots, or age spots, as well as broken capillaries, spider veins, and rosacea or redness in the skin.

The 1540nm erbium handpiece delivers laser in a fractional method into the skin, promoting significant collagen production and skin revitalization. It can be used all over the body, and a series of treatments can significantly improve skin quality, appearance and texture, remove wrinkles, and decrease the appearance of scars and stretch marks. It is a useful tool for patients who desire resurfacing without the time off.

### SculpSure Body Sculpting

The easiest way to remove excess fat from difficult areas such as the abdominals, thighs, neck and chin areas. Working out doesn't guarantee effective fat loss in the places you really need it, but SculpSure does.

It's very simple: the laser first heats up fat cells, damages their structure, and are then naturally removed by the immune system. The procedure is completely painless, non-invasive, and doesn't damage the skin at all. Results are most noticeable after 12 weeks and are permanent, as dead fat cells can't regenerate. This treatment works for all skin types and regardless of sun-exposure.



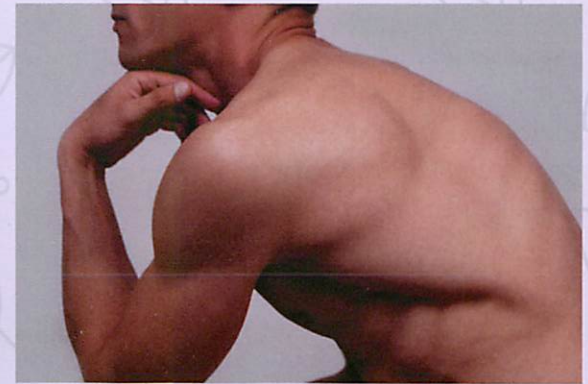
### Skin Tightening with TempSure

TempSure uses radiofrequency waves to stimulate collagen synthesis, fixing wrinkles and other imperfections, and improving the skin's elasticity. This procedure works for all skin types and has no downtime. This treatment also rejuvenates sensitive areas like the vaginal and labial areas. Multiple procedures may be needed depending on condition.



### Crystal-Free MicroDermabrasion

Uses clean stainless steel to shave off dead skin cells and even out wrinkles much like sand works to smooth wood. This clean, vibrating blade is extremely effective in bringing out smooth and youthful skin and removing any skin imperfections. Get the appearance you want without the redness and irritated skin caused by other MicroDermabrasion practices.



### Vectus Laser Hair Removal

Easy laser treatment that removes hair from troubling areas. With the best technology available today, the Vectus laser can remove hair for a vast range of hair and skin types.





### **Botox Cosmetic**

A simple injection that can relax the muscles around the eyes and forehead area and thus make lines and wrinkles such as crow's feet disappear.

Botox treatment is painless, incurs no downtime, and lasts for up to 3 to 4 months.

### **Dermal Fillers**

One of the most popular skin-corrective treatments, dermal fillers such as Juvederm are easy injections that directly treat wrinkles and deep lines in the skin. Dermal fillers are safe for the body and have instant and natural-looking effect.



### **Clear Acne Treatment**

Treatment that uses a custom blended mask to eliminate blackheads and pustules, remove excess oils and congestion. The chemical blend soothes and exfoliates the skin. Prior to the treatment, a consultation and personal analysis of your skin condition is done to ensure a perfect result.



### **Microneedling**

Uses a device called the Dermaroller to make small puncture in the top layer of the skin, stimulating collagen and elastin fiber production. While the skin is red and puffy immediately after the minimally-invasive procedure but within one day the skin will be back to its natural complexion with acne scars and signs of aging removed.



### **Smooth Correcting Mask**

Uses Glycolic acid to make an effective chemical peel that is aggressive on the skin but doesn't irritate at all. This all-in-one formula corrects fine lines, acne, blackheads, and making that beautiful, smooth texture that everyone strives for. This treatment is also very long-lasting, giving you maintained, healthy skin.

### **Anti-aging Peel**

A chemical peel that is very effective for reversing many of the signs of aging in the skin. This peel works for any skin type and removes all excess from the skin. Uses physician-strength Glycolic and/or Salicylic acid to ensure a thorough yet painless procedure. Turn back the clock with this effective peel that gives you a radiant appearance and rejuvenated look.

### **HCG Weight Loss/Detox**

Sleep and Wellness Medi Spa & Laser also offer an HCG weight-loss program, which promotes fat loss for a better body. There is also a body detoxification program that eliminates toxins and lowers the likelihood of future disease. Personalized programs are available, including fitness planning, lifestyle counseling, meal planning, and prescriptions.

### **IV Therapy (Vitamin Infusion)**

Blend of vitamins, antioxidants, and saline that hydrates the body and improves wellness. This can help with fatigue, headaches, or flu-like symptoms. This infusion includes Vitamin C and Glutathione, a powerful antioxidant.



## **Sleep and Wellness Medi Spa & Laser**



3836 Quakerbridge Rd., Suite 206

Hamilton, NJ 08619

Phone: 609-438-1222

Fax: (609) 587-9955

[www.sleep-wellness.org](http://www.sleep-wellness.org)