

CONSENT FOR LASER/LIGHT-BASED TREATMENT

I authorize McGuiness Dermatology to perform laser skin treatments on me, including but not limited to, the treatment of pigmented lesions(for example, sun spots, age spots, and other skin discolorations), vascular lesions (but not varicose veins), wrinkles, furrows, fine lines, and textural irregularities. I understand that the procedure is elective, that the results may vary with each individual, and multiple treatments may be necessary.

I understand that:

- The Palomar Icon Aesthetic System is a laser system that delivers a precise pulse of light energy that is absorbed by a chromophore in skin, for example, hemoglobin in the blood or pigment in a lesion, causing a thermal reaction. All personnel in the treatment room, including me must wear protective eyewear to prevent eye damage from this light energy.
- The sensation of light is sometimes uncomfortable and may feel like a moderate to severe pinprick or flash of heat. The practitioner or physician elects to use an anesthetic to reduce discomfort during any light-based treatment; all options and risks associated with the anesthetic will be discussed with me.
- The treated area may be red and swollen for two to twenty-four (2-24) hours or longer. Cooling the area after the treatment (for example, ice packs, and topical gels) may help reduce discomfort and swelling.
- Common side effects include temporary redness (erythema) or mild “sunburn”-like effect that may last a few hours up to 3 to 4 days or longer. Other potential side effects include, but are not limited to: crusting, irritation, peeling, bruising, redness, ingrown hairs, itching, pain, burns, scabbing, swelling (edema), broken capillaries, bronzing, and acne or herpetic breakouts. Additionally there is a risk of resulting in unsatisfactory appearance and failure to achieve desired results.
- Pigment changes, including hypopigmentation (lightening of the skin) or hyperpigmentation (darkening of the skin), lasting one to six (1-6) months or longer may occur. In some instances this discoloration may become permanent. Freckles may temporarily or permanently lighten or disappear in treated areas.
- Lightening or darkening of vascular lesions may occur.
- Serious complications are rare but possible, such as, scarring, blood clots, skin loss, hematoma (collection of blood under skin), and allergic reaction to medications or materials used during the procedure.
- I understand and accept that with skin resurfacing treatments, there may be an increased length of social downtime associated with the level of treatment. There also is a chance of additional side effects like blanching (paling or whitening of skin) and or significant redness.
- With ablative laser treatments, there are additional risks of discomfort, focal areas of bleeding, bruising, poor healing, serous discharge, and infections. Serious but rare complications may include scarring, abscess, skin necrosis (dead skin), and injury to other internal structures including nerves, bold vessels, or muscles.
- There is no guarantee that the expected or anticipated results will be achieved.
- Sun, tanning beds, or tanning lamp exposure, the use of self-tanning creams, and not adhering to the post-treatment instructions provided to me may increase the chance of complications. I must avoid the sun, tanning beds, and sunless tanning lotions and use sun block (SPF 45 recommended) at least 4 weeks after treatment.
- There is a possibility of coincidental hair removal when treating pigmented or vascular lesions in hair-bearing areas. There is a risk that the hair regrowth may be changed, such as little or no regrowth or more regrowth than before.
- I should call my provider as soon as possible if I have any concerns about side effects or complications after treatment.
- I hereby consent to the administration of topical anesthetic considered necessary or advisable for my procedure(s). I understand the involved risk and the possibility of complications.
- Not providing my medical history before proceeding with a light-based treatment could impact treatment results and cause complications.

I consent to photographs and digital images being taken and used to evaluate treatment.

Before and after-treatment instructions have been discussed with me. The procedure, potential benefits and risks, and alternative treatment options have been explained to my satisfaction. I have read and understand all information presented to me before agreeing and authorizing treatment. I have had all my questions answered. I freely consent to the proposed treatment today as well as for future treatments as needed.