
SHITEL PATEL

M.D.



LIFTPLASTICS.COM
UPPEDIATRICSPLASTICS.COM
832 835 1131

CREDENTIALS

BOARD CERTIFIED GENERAL SURGEON *Jan 2013*

BOARD CERTIFIED PLASTIC SURGEON *Dec 2017*

LICENSURE

TEXAS P7832
Exp: Aug 31, 2020

UNITED STATES MEDICAL LICENSING EXAMINATION STEPS 1, 2, AND 3

CERTIFICATES

ATLS INSTRUCTOR *Jun 2013*

PALS CERTIFIED *Sept 2015*

ACLS CERTIFIED *Sept 2015*

FLS CERTIFIED *Feb 2011*

WORK

LIFT PLASTIC SURGERY, FOUNDER

Houston, TX and Webster, TX *Jul 2016 – present*

UP PEDIATRIC PLASTIC SURGERY, FOUNDER

Houston, TX and Webster, TX *Oct 2016 – present*

EDUCATION

CRANIOFACIAL FELLOWSHIP

University of Texas Southwestern, Dallas, TX *Jul 2015 – Jun 2016*

PLASTIC SURGERY RESIDENCY

University of Texas, Houston, TX *Jul 2012 – Jun 2015*

GENERAL SURGERY RESIDENCY

Inova Fairfax Hospital, Falls Church, VA *Jul 2008 – Jun 2012*

GENERAL SURGERY INTERNSHIP - CATEGORICAL POSITION

University of Florida, Jacksonville, FL *Jul 2007 – Jun 2008*

DOCTOR OF MEDICINE

University of South Florida, Tampa, FL *Aug 2003 – May 2007*

BACHELOR OF SCIENCE IN BIOCHEMISTRY

University of Florida, Gainesville, FL *Aug 1999 – Dec 2002*
Graduated with Honors

AWARDS + HONORS

BEST SENIOR RESIDENT LEADERSHIP AWARD *2010*

BEST JUNIOR RESIDENT LEADERSHIP AWARD *2009*

HONORS SURGERY CLERKSHIP, UNIVERSITY OF SOUTH FLORIDA *2006*

FLORIDA BRIGHT FUTURES SCHOLARSHIP *1999 – 2002*

PRESIDENT'S AWARD, UNIVERSITY OF FLORIDA *1999 – 2002*

UNIVERSITY OF FLORIDA DEAN'S LIST *1999 – 2002*

GOLDEN KEY NATIONAL HONORS SOCIETY, UNIVERSITY OF FLORIDA *1999 – 2002*



American Board of Plastic Surgery
ABMS Maintenance of Certification®
Certification Matters

PROFESSIONAL ORGANIZATIONS

ASPS 2012 – present
American Society of Plastic Surgery

ASAPS 2012 – present
American Society of Aesthetic Plastic Surgery

HOUSTON SOCIETY OF PLASTIC SURGERY 2012 – present

HARRIS COUNTY MEDICAL SOCIETY 2012 – present

TMA 2012 – present
Texas Medical Association

ACS 2007 – present
American College of Surgeons

INTERESTS

BREAST SURGERY

COSMETIC SURGERY

RECONSTRUCTIVE SURGERY

FOOTBALL

BASKETBALL

LEADERSHIP

BAILEY'S PUBLIC HEALTH CLINIC 2010 – 2012
Established a resident general surgery clinic in Northern Virginia to provide healthcare to the underserved population

SURGERY STUDENT CURRICULUM COORDINATOR 2010 – 2012
RESIDENT LIAISON FOR MEDICAL STUDENTS 2009 – 2012
RESIDENT ADVISORY COMMITTEE REPRESENTATIVE 2009 – 2012

PUBLICATIONS + RESEARCH

THREE-DIMENSIONAL CHANGES IN HEAD SHAPE AFTER EXTENDED SAGITTAL STRIP CRANIECTOMY WITH WEDGE OSTEOTOMIES AND HELMET THERAPY

Chou P-Y, Hallac R, **Patel S**, Cho M-J, Stewart N, Smartt J, Seaward J, Kane A, Derderian C. *Journal of Neurosurgery: Pediatrics* accepted (pending publication)

JOURNEY TO CHEW: A CASE OF MAXILLARY DUPLICATION AND BONY SYNGNATHIA

Patel S, Porras S, Lypka M. *Journal of Cranio-Maxillofacial Surgery* 43(1), 57-61, Jan 2015

CAROTID ENDARTERECTOMY UNDER LOCAL ANESTHESIA: AN ALTERNATIVE TREATMENT FOR CAROTID STENOSIS

Kfoury E, **Patel S**, Mukherjee D. *Vascular Disease Management* 9(11), E193-E197, Sep 2012

"FRIENDING" FACEBOOK

Patel A, Broer N, **Patel S**, Forte A, Singh D. *Plastic and Reconstructive Surgery* 128(1):45e-6e, Jul 2011

AN ALGORITHMIC APPROACH TO BREAST RECONSTRUCTION USING LATISSIMUS DORSI MYOCUTANEOUS FLAPS

Durkin, AJ; Pierpont YN, **Patel, S**, Tavana ML, Uberti MG, Payne WG, Smith DJ, Smith PD. *Plastic and Reconstructive Surgery* 125: 1318, May 2010

NATIONAL PRESENTATIONS

THREE-DIMENSIONAL CHANGES IN HEAD SHAPE AFTER EXTENDED SAGITTAL STRIP CRANIECTOMY WITH WEDGE OSTEOTOMIES AND HELMET THERAPY

American Society of Craniofacial Surgery (ASCFS)
Maui, Hawaii Jan 2017

NATIONAL PRESENTATIONS (cont'd)

LOCATION AND RATE OF MAXIMAL HEAD SHAPE CHANGE IN INFANTS WITH SAGITTAL CRANIOSYNOSTOSIS TREATED WITH LIMITED INCISION STRIP CRANIECTOMY, BARREL STAVING AND HELMET THERAPY: A 2D AND 3D QUANTITATIVE ANALYSIS

American Society of Plastic Surgery (ASPS)
Los Angeles, LA *Sep 2016*

JOURNEY TO CHEW WITH LITERATURE REVIEW

American Society of Plastic Surgery (ASPS)
San Diego, CA *Sep 2013*

WEIGHT LOSS AND POST-PRANDIAL PAIN

International Congress Vascular Meeting (ICON)
Scottsdale, AZ *Feb 2012*

LOCAL PRESENTATIONS

JOURNEY TO CHEW WITH LITERATURE REVIEW

Texas Society of Plastic Surgery (TSPS)
San Antonio, TX *Sept 2014*

WRIST FRACTURES AND DISLOCATIONS

Grand Rounds at University of Texas
Houston, TX *Aug 2014*

LOWER FACE AUGMENTATION: FACELIFT, CERVICOPLASTY, MENTOPLASTY

Grand Rounds at University of Texas
Houston, TX *Feb 2014*

IMPLANT MATERIALS

Grand Rounds at University of Texas
Houston, TX *Sep 2013*

CLEFT LIP AND PALATE

Grand Rounds at University of Texas
Houston, TX *Apr 2013*

BREAST REDUCTION

Grand Rounds at University of Texas
Houston, TX *Dec 2012*

ONCOPLASTY

Grand Rounds at University of Pittsburgh
Pittsburgh, PA *May 2010*