



## Pain Medicine Group

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### PROCEDURE INSTRUCTIONS

- **Do not** eat, drink or smoke after midnight prior to your procedure.
- You **must** have someone drive you home after the procedure.
- **Do not** take any pain medications after midnight prior to your procedure. It is important that you are in pain at the time of the procedure.
- No aspirin or anti-inflammatory 5 days prior to the procedure. No blood thinning medications for 7 days prior to procedure. Patients taking prescription blood thinning medications must have approval from prescribing physician before discontinuing medications.
- If currently taking antibiotics, the course must be completed 2 days prior to procedure.
- Insulin dependent patients may take ½ usual dose prior to procedure, and ½ dose following procedure. Patients taking oral diabetes medications may take usual dose before 7 a.m. with small sip of water or wait until after the procedure.
- Patients taking heart or blood pressure medications may take usual dose before 7 a.m. with small sip of water.
- Procedure educational information sheet given.

I have read and understand the above instructions. I understand I need to be prepared for my appointment. I understand I need to arrive on time. I understand my appointment may be canceled if I fail to comply with any of these instructions.



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(941) 365-5672



1000 W. Broadway, Suite 208  
Oviedo, FL 32765  
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(239) 277-7611

Next Scheduled Appointment:

Date: \_\_\_\_\_ Time: \_\_\_\_\_ a.m. / p.m

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Should you have any questions concerning the instructions, please contact our clinical staff.