



## Capsule Endoscopy Patient Prep Instructions CapsoCam Plus

**NOTE: If taking an oral iron supplement, please stop this 4 full days prior to the test.**

### **Day Before Procedure:**

Breakfast followed by a light lunch, then begin clear liquid diet for the remainder of the day/night before the procedure (nothing red to drink).

- Mix (1) one 119-gram bottle of MiraLAX with 32 oz of Gatorade (non-red) at 7:00pm, and drink all contents.
- At 9:30 pm, take 0.6 mL of Mylicon drops with an 8 oz cup of water.
- Nothing to drink after 10pm (small sips of water with medications allowed).

### **Day of Procedure:**

- Hold medications until 2 hours after ingestion of capsule unless your doctor deems it necessary, then take small sips of water with medications.
- Two (2) hours prior to capsule ingestion time scheduled, mix 17-grams of MiraLAX with full glass of water or Gatorade (non-red)
- Arrive at office \_\_\_\_\_ am/pm on \_\_\_\_\_.
- Resume clear liquids 2 hours after ingesting capsule: \_\_\_\_\_ am/pm.
- At \_\_\_\_\_ which is four (4) hours after capsule ingestion, mix 17-grams of MiraLAX with full glass of water or Gatorade (non-red).
- Enjoy a light lunch when you are ready after previous dose of MiraLAX.
- Please document what you have for lunch: \_\_\_\_\_.

### **Important Patient Information:**

- Strictly following the aforementioned instructions, the capsule will typically take 8-48 hours to pass the capsule providing regular bowel movements. If you haven't passed the capsule at 72 hours after capsule ingestion, contact your physician.
- Please adhere to the instructions for returning of the capsule to the office.
- Visit <http://www.capsovision.com/products/capsoretrieve> to watch the retrieval video instructions if desired.
- **To avoid a repeat of this study, please adhere to your retrieval instructions until capsule is retrieved. Continue to use the strainer provided until retrieval.**

### **Returning the Capsule**

Please return the vial with the capsule enclosed to our office at your earliest convenience. The capsule study data will be downloaded and reviewed by your practitioner.

Please call our office if you have any questions at all the office at #731-884-0600.