Bharat Sanghavi, MD Moushumi Sanghavi, MD HEMORRHOID TREATMENT INSTRUCTIONS

PROCEDURE PREPARATION INSTRUCTIONS:

- 1. Do not eat or drink anything after 10pm the night before your procedure
- 2. Take one enema two hours before you go to sleep the night prior to the procedure. Take a second enema two hours before leaving your home the morning of the procedure
- 2. If you take medication for high blood pressure, please take this medication on the morning of your procedure with a small sip of water
- 3. You may not drive on the day of the procedure.
- 4. Please notify us if you take any diabetic or blood thinning medications as you may have special instructions.

Please call 212-777-6017 with any questions or concerns.