

Bharat Sanghavi, MD
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UPPER ENDOSCOPY PREPARATIONS

PROCEDURE PREPARATION INSTRUCTIONS:

1. Do not eat anything after 8pm the night before the test
2. You may continue to drink liquids until midnight.
3. You may not have anything to eat or drink on the day of the procedure
(not even water)
4. You may not drive for 12 hours after the procedure

Please call 212-777-6017 with any questions or concerns.