



Golytely Bowel Preparation

Procedure Date: _____

Procedure Time: _____

This bowel preparation should be followed one (1) day prior to your colonoscopy.

The day before your procedure you will be on a clear liquid diet. The diet you will follow has been included in your paperwork.

You **MUST** follow the following steps **COMPLETELY**.

- **In the morning**, mix your Golytely solution: add lukewarm water to the top of the line on the bottle. Replace the cap on the bottle and shake to dissolve the powder, then refrigerate. If your Golytely come with flavor packs, add these before shaking. You may also use Crystal Light (Clear and Sugar Free) instead of the enclosed flavor packs.
- At **4:00PM** take the 4 time – released bisacodyl tablets.
- At **7:00PM** begin drinking the Golytely solution. Drink one (1) 8 ounce glass every 15 minutes until the mixture is gone. **You MUST drink all of the solution.**

If you have any questions or concerns please contact our office at 731-884-0600 .

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT