



## Anal Manometry Preparation

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- At \_\_\_\_\_ you will need to give yourself 1 to 2 Fleet enemas. These can be purchased at any pharmacy over the counter.
- You should not eat anything during the two hours prior to the procedure. If you are diabetic, this may involve adjusting your diabetic medication.
- You may take regular medications with small sips of water at least 2 hours prior to the study.