

Liver Biopsy Discharge Instructions

Activity:

- You may start taking showers 24 hours after your procedure.
- For 72 hours after your biopsy, avoid lifting more than 5 pounds and avoid all strenuous activity.
- Do not swim or take a tub bath for 7-10 days after your biopsy or until your biopsy site is healed.
- You must be on bedrest for 24 hours. You may get up to the bathroom.

Diet:

- You can eat your normal diet. If your stomach is upset try bland, low-fat foods like plain rice, toast and yogurt.
- Drink plenty of fluids.

Medications:

- You can take your normal prescriptions medication as your doctor has instructed you to do.
- If you are not taking a prescription pain medicine, ask your doctor if you can take an over-the-counter medication for your pain.

Special Instructions:

- You can remove the dressing from your biopsy site 24 hours after your biopsy.
- You will get pathology results in about 10-14 days.
- If you have any post-procedure problems, please call the office at **410-224-4887**.

When Should I Call for Help?

- Call 911 anytime if you have any of the following signs or symptoms:
 - Shortness of breath
 - Chest pains
 - Loss of consciousness (if you passed out or fainted)
 - Anytime you think you need emergency care
- Call the office at 410-224-4887 if you have any of the following signs or symptoms:
 - Severe abdominal pain
 - Trouble passing urine or stool
 - Stools that have streaks of blood or are black and tarry
 - Abnormal bleeding
 - Fever (greater than 100.6F)
 - Continuous vomiting
 - Redness, swelling, red streaking or pain at the IV site or procedure site