

Name: _____ Age: _____ DOB: _____

Gender: Male Female Home Phone: _____ Cell/Work Phone: _____

Referring Physician: _____ City: _____ Phone: _____ Fax: _____

Primary Physician: _____ City: _____ Phone: _____ Fax: _____

Describe the areas your pain is located: Starts _____ Stops: _____

Were you injured at work or in a motor vehicle accident? Yes No **(If yes Please fill out attached sheet)**

When/how did your pain start? _____

When is your pain most severe? Morning Afternoon Evening Nighttime

In a short statement, describe how your pain affects your life style: _____

Are you able to perform physical activity? Yes No - Explain: _____

Check the words that best describe your pain

- | | | | | |
|-----------------------------------|-----------------------------------|------------------------------------|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Sharp | <input type="checkbox"/> Shooting | <input type="checkbox"/> Dull | <input type="checkbox"/> Tingling | <input type="checkbox"/> Pulling |
| <input type="checkbox"/> Aching | <input type="checkbox"/> Hot | <input type="checkbox"/> Heavy | <input type="checkbox"/> Burning | <input type="checkbox"/> Cold |
| <input type="checkbox"/> Numbness | <input type="checkbox"/> Cramping | <input type="checkbox"/> Constant | <input type="checkbox"/> Throbbing | <input type="checkbox"/> Intermittent |
| <input type="checkbox"/> Itching | <input type="checkbox"/> Stabbing | <input type="checkbox"/> Radiating | <input type="checkbox"/> Aggravating | <input type="checkbox"/> Other _____ |

What increases your pain? Please mark an (X) next to all that apply:

- | | | | | |
|--|-----------------------------------|--|-----------------------------------|---|
| <input type="checkbox"/> Physical Activity | <input type="checkbox"/> Walking | <input type="checkbox"/> Noise | <input type="checkbox"/> Sitting | <input type="checkbox"/> Financial concerns |
| <input type="checkbox"/> Cold Weather | <input type="checkbox"/> Stress | <input type="checkbox"/> Bending Over | <input type="checkbox"/> Standing | <input type="checkbox"/> Damp Weather |
| <input type="checkbox"/> Climbing stairs | <input type="checkbox"/> Family | <input type="checkbox"/> Lying down – Flat | <input type="checkbox"/> Anger | <input type="checkbox"/> Riding in a car |
| <input type="checkbox"/> Warm/hot water | <input type="checkbox"/> Coughing | <input type="checkbox"/> Lying on side | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Other _____ |

What decreases your pain? Please mark an (X) next to all that apply:

- | | | | | |
|--|--------------------------------------|----------------------------------|---|----------------------------------|
| <input type="checkbox"/> Physical Activity | <input type="checkbox"/> Heating Pad | <input type="checkbox"/> Walking | <input type="checkbox"/> Socializing | <input type="checkbox"/> Massage |
| <input type="checkbox"/> Lying down – Flat | <input type="checkbox"/> Bath/Shower | <input type="checkbox"/> Music | <input type="checkbox"/> Deep Breathing | <input type="checkbox"/> Work |
| <input type="checkbox"/> Lying on side | <input type="checkbox"/> Watching TV | <input type="checkbox"/> Smoking | <input type="checkbox"/> Pain Pills | <input type="checkbox"/> Alcohol |
| <input type="checkbox"/> Ice/Cold Compress | <input type="checkbox"/> Other _____ | | | |

Please List any medication allergies: _____

Please List any food allergies: _____

Are you allergic to LATEX? Yes No **Are you allergic to IVP (x-ray) Dye?** Yes No

Have you Been Treated for any of the following problems?

- | | | | | |
|--|---|---|--------------------------------------|--|
| <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Asthma | <input type="checkbox"/> Drug abuse |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Difficult Swallowing | <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Alcohol abuse |
| <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Change in Bowel Habits | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Ulcers | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Difficulty Urinating | <input type="checkbox"/> Bleeding | <input type="checkbox"/> Cancer | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Pregnancy | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Palpitations |
| <input type="checkbox"/> TIA or Stroke | <input type="checkbox"/> Shortness of Breathe | <input type="checkbox"/> Tachychardia | <input type="checkbox"/> Other _____ | |

Please mark an (X) to all that apply to you sleeping habits:

- I have trouble sleeping My Pain wakes me up I have restless sleep

Date: _____

Family History: (Check the box if the health problems apply to the perspective family member)

| | Diabetes | High Blood Pressure | Heart Disease | Stroke | Back Pain | Mental Disorders | Rheumatoid Arthritis |
|-------------|----------|---------------------|---------------|--------|-----------|------------------|----------------------|
| Mother | | | | | | | |
| Father | | | | | | | |
| Grandmother | | | | | | | |
| Grandfather | | | | | | | |

Please list all PAIN MEDICATIONS you are now taking? How long have you been taking each one?

Please list all OTHER MEDICATIONS you are now taking? How long have you been taking each one?

Please list all Surgeries performed on you, and the year they were performed:

Are you: Married Single Divorce Widowed **How many children?** _____

Please list the highest level of education you've completed: _____

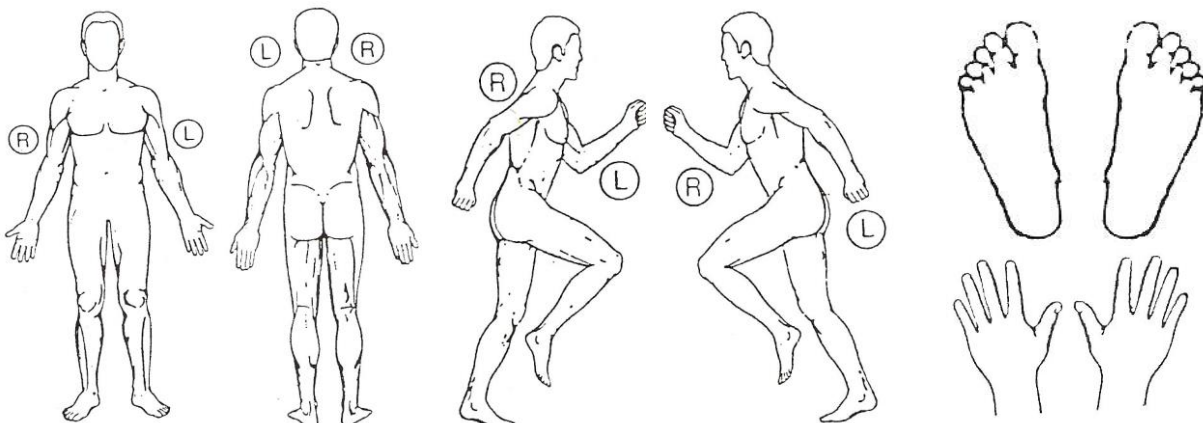
What is your Occupation? _____ **What is your height?** _____ **You're weight?** _____

Do You.....

Smoke Yes No **Drink Alcohol** Yes No **Use recreational Drugs** Yes No
 If "yes", how much _____ If "yes", Daily Socially



1 3 5 7 9
No Pain Mild Pain Moderate Pain Severe Very Severe Worst Possible
ON THE FIGURES BELOW, COLOR IN THE AREAS IN WHICH YOU ARE EXPERIENCING PAIN



Any concerns or questions related to this visit: _____

Signature _____ Date form completed _____