

DIM/Curcumin



LIFESTYLE
SPECTRUM

Clinical Applications

- Support for Healthy Estrogen Metabolism in Females and Males
- Protection Against Toxic Effects of Xenoestrogens

DIM/Curcumin represents a three-dimensional approach to the management of Estrogen Dominant conditions. Research has demonstrated that diindolylmethane (DIM), curcumin (from turmeric extract), and the patented black pepper extract, Bioperine® supports balanced estrogen metabolism. Estrogen-dominant conditions are linked to both environmental toxins such as those that mimic estrogen; as well as to the body's compromised metabolism of estrogens.

DIM/Curcumin Meets or Exceeds cGMP quality Standards

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Supplement Facts

Serving Size: 2 Capsule
Servings Per Container: 60



	Amount Per Serving	%Daily Value
Curcumin (from turmeric extract)	500 mg	**
DIM (diindolylmethane)	150 mg	**
Bioperine® † (from piper nigrum extract)	5 mg	**

** Daily Value not established.

† Bioperine is a registered trademark of Sabinsa Corp.

Other Ingredients: HPMC (capsule), Silica, Magnesium Stearate, Stearic Acid.

Dosing

One capsule twice a day.

Cautions

There is insufficient clinical data to warrant the safety of this formula during pregnancy or lactation.

Additional references available upon request

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

