

# Alpha Lipoic Acid



LIFESTYLE  
SPECTRUM

## Clinical Applications

- Neutralizes Oxygen Radicals, Ionized Metals and a variety of other Free Radicals
- Coenzyme for Whole Body Glucose Utilization
- Increases Intracellular Glutathione levels reduced by Aging, Diseases, Moderate/ Strenuous Exercise
- Reduces Oxidative Stress that leads to Diabetic Neuropathy, etc.
- Regenerates Vitamins C&E and maintain balance between Oxidized & Reduced CoQ10

*Alpha Lipoic Acid, a potent oxidative stress antagonist, is a proprietary, orally active, controlled-release formulation of racemic  $\alpha$ -lipoic acid (containing both R and S-enantiomers) that has a pharmacokinetic advantage over other alpha lipoic acid formulas. Other brands are cleared from the plasma within two to three hours; whereas, Alpha Lipoic Acid remains in the plasma for four to six hours.*

Alpha Lipoic Acid Meets or Exceeds cGMP quality Standards

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## Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Biotin	450 mcg	150%
Alpha-Lipoic Acid (as thioctic acid)	600 mg	**

\*\* Daily Value not established.

**Other Ingredients:** Calcium Phosphate, Croscarmellose Sodium, Magnesium Stearate.\*

\* Derived from non-bovine (vegetable) sources only.

**U.S. Patents:** 6,191,162(B1); 6,197,340(B1);  
6,572,888(B2); 7,118,762(B2).

## Dosing

Take one tablet 30 minutes before breakfast and one tablet 30 minutes before dinner.

## Cautions

Whether taken alone, or in combination with other anti-hyperglycemic medications, Alpha Lipoic Acid is well tolerated and does not produce alterations in liver or kidney function. There are some theoretical interactions with medications: please consult an appropriate information source.

Additional references available upon request

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

