

WELCOME TO THE START OF YOUR *JOURNEY*

ARCHER FACIAL PLASTIC SURGERY

“The art of Facial Plastic Surgery is the ability to make each procedure as unique as the pursuit of *beauty* itself.”

Kaete Archer, MD

**INNOVATION
DEDICATION
COMPASSION**

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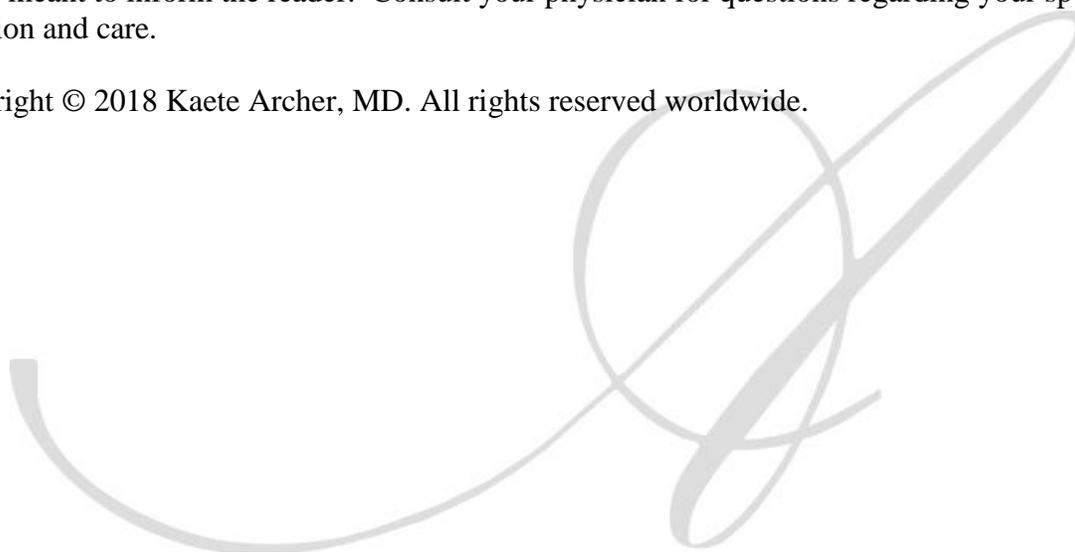
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This Guide is not intended to replace common sense, legal, medical or other professional advice, and is meant to inform the reader. Consult your physician for questions regarding your specific situation and care.

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Dedication

This book is dedicated to my parents, Ernest and Marilyn, my brother, Graeme, and my sister, Jessica, who have surrounded me with unwavering love and support.



Foreword

“What is beauty to me? Beauty is an internal beam of light that glows externally of kindness, authenticity, confidence, passion for life, integrity and empathy for others. Beauty shines from within.”

~Amanda Bouslog, licensed medical esthetician and master cosmetic injector, Indianapolis, Indiana



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Welcome to our practice

Thank you for your interest in Archer Facial Plastic Surgery! Whether cosmetic or reconstructive, there are many reasons to pursue a transformative procedure, and your journey through Facial Plastic Surgery is very personal. The art of Facial Plastic Surgery is the ability to make each procedure as unique as the pursuit of beauty itself. Dr. Archer is a double board certified Facial Plastic Surgeon who has dedicated her practice to empowering men and women through positive changes with compassion, innovation, and dedication.

If you look in the mirror and think about plastic surgery or the fact that you feel great but look tired – you are not alone. At Archer Facial Plastic Surgery, we offer many options to fit different lifestyles and interests including surgical and non-surgical rejuvenation. We will discuss Facial Plastic Surgery from not just a surgery standpoint but also incorporate skin health, facial wellness, and sun protection to maximize and optimize your results.

In this e-book, please enjoy reading about Dr. Archer, her approach to comprehensive facial rejuvenation, and her mission trips to Vietnam with FACE TO FACE: International, a humanitarian program of the American Academy of Facial Plastic and Reconstructive Surgery (AAFPRS) that helps children in countries across the world with facial deformities. Her accounts of the trips were published in *Facial Plastic Times*, the official newsletter of the American Academy of Facial Plastic and Reconstructive Surgery.

We invite you to visit us at www.archerfacialplastics.com to follow Dr. Archer's blog and see Before and After photos in the Photo Gallery. We also invite you to follow us on Facebook, Instagram, and Twitter to learn about flash specials, new procedures, and office and community events. If you are interested in a consultation, you can book a private consultation on the website or call our office for your exclusive consultation.

We look forward to meeting you!

Love,

Archer Facial Plastic Surgery

Meet Kaete Archer, MD

Beauty BY A FACE, NECK, AND NOSE SPECIALIST

Dr. Kaete Archer is a double board certified Facial Cosmetic Surgeon specializing in cosmetic surgical and non-surgical procedures of the face, neck and nose and facial skin cancer reconstruction in New York City, New York. Her practice is a luxury destination for facial wellness emphasizing innovation, compassion, and dedication.

Because the aging process is complex, her approach to facial rejuvenation is individualized, multidimensional, and comprehensive. *She believes that the art of Facial Plastic Surgery is the ability to make each procedure as unique as the pursuit of beauty itself.* Having completed her fellowship through the American Academy of Facial Plastic and Reconstructive Surgery (AAFPRS), she has learned the latest and most advanced techniques in Facial Plastic Surgery.

She specializes in cosmetic procedures of the face, neck and nose including face lifts, neck lifts, rhinoplasty, and cosmetic eyelid surgery. She also performs reconstructive surgery for facial skin cancer (Mohs reconstruction) and functional rhinoplasty. She performs non-surgical rejuvenation procedures including chemical peels, dermabrasion, laser resurfacing, neuromodulators (Botox®/Xeomin®/Dysport), multiple facial injectables, and Kybella®.

Professional Excellence Through Dedication and Passion

Dr. Archer has been attracted to the art, functionality, and patient-centered capacity of Facial Plastic Surgery from the beginning of her career. Dr. Archer received her Doctorate of Medicine at the University of Arkansas for Medical Sciences College of Medicine. She graduated with top distinction as a member of the Alpha Omega Alpha Honor Medical Society and Phi Beta Kappa Honor Society. She performed multiple research projects and graduated with Honors in Research. She matched into her top choice for Otolaryngology-Head and Neck Surgery residency at SUNY Upstate Medical University in New York. During her residency, she trained with Dr. Robert Kellman, past President of the American Academy of Facial Plastic and Reconstructive Surgery (AAFPRS) and Dr. Sherard Tatum, who performs and lectures on Reconstructive and Craniofacial Surgery around the world.

In 2014 and 2017, she traveled to Vietnam with the AAFPRS FACE to FACE medical mission trip where she lectured on Asian blepharoplasty, her facelift techniques, and performed surgery. Dr. Archer continued her training after residency by completing a competitive fellowship through the American Academy of Facial Plastic and Reconstructive Surgery under the direction of Dr. Stephen Perkins, past President of the AAFPRS.

After her fellowship, she became double board certified in Facial Plastic and Reconstructive Surgery by the American Board of Facial Plastic and Reconstructive Surgery and in Otolaryngology-Head and Neck Surgery by the American Board of Otolaryngology-Head and Neck Surgery.

Commitment to Innovation, Research, and Education

Dr. Archer is passionate about innovation in the field of Facial Plastic Surgery and has been active in research projects throughout her education and career. She has been published in peer-reviewed journals, in *Facial Plastic Times*, and continues to work on many Facial Plastic Surgery research projects individually and in partnership with SUNY Upstate Medical University. She has authored several chapters in Facial Plastic Surgery textbooks and has presented on her experience and research at national and international conferences. Dr. Archer is an Assistant Professor at the University of Central Florida College of Medicine. She conducts admissions interview and serves as a mentor for students interested in Facial Plastic Surgery.

Board Certification and Training

1. American Board of Facial Plastic and Reconstructive Surgery
2. American Board of Otolaryngology-Head and Neck Surgery
3. Facial Plastic and Reconstructive Surgery Fellowship, American Academy of Facial Plastic and Reconstructive Surgery, Indianapolis, IN
4. Otolaryngology-Head and Neck Surgery Internship and Residency, SUNY Upstate Medical University, Syracuse, NY
5. University of Arkansas College of Medicine, Little Rock, AR

Professional Appointments and Affiliations

1. Member, American Academy of Facial Plastic and Reconstructive Surgery
2. Member, American Academy of Otolaryngology-Head and Neck Surgery
3. Member, *Alpha Omega Alpha* Honor Medical Society
4. Member, *Phi Beta Kappa* Society
5. Assistant Professor in Otolaryngology-Head and Neck Surgery, University of Central Florida College of Medicine

Honors and Awards

1. Selected as a Top Plastic Surgeon in Melbourne, FL by the International Association of Plastic Surgeons, 2017
2. 10 Best Plastic Surgeon for Patient Satisfaction by American Institute of Plastic Surgeons 2017
3. Named in “America’s Top Plastic Surgeons”, 2017
4. 10 Best Plastic Surgeon for Patient Satisfaction by American Institute of Plastic Surgeons 2016
5. Named in “America’s Top Plastic Surgeons”, 2016
6. Medical Graduation with Honors in Research
7. Class of 1965 Alumni Scholarship
8. Barton Scholarship
9. Washington County Medical Society Scholarship
10. Class of 1946 Alumni Scholarship
11. Dr. Fred O. Henker Memorial Scholarship
12. Johnson Biology Award
13. Hendrix College Leadership Scholarship

Philanthropy and Service

1. FACE TO FACE: International medical trip to Ho Chi Minh City, Vietnam (AAFPRS) 2017
2. FACE TO FACE: International medical trip to Ho Chi Minh City, Vietnam (AAFPRS) 2014
3. Brevard Health Alliance
4. Friends of Sally's House Member
5. Northwest Arkansas Free Health Center

Professional Leadership

1. Member, Emerging Trends and Technologies Committee (AAFPRS)
2. Member, Patient Safety, QI, and Accreditation Committee (AAFPRS)
3. Member, Young Physicians Committee (AAFPRS)
4. Member, Membership/Residency Relations Committee (AAFPRS)
5. Member, Women in Facial Plastic Surgery Committee (AAFPRS)
6. Brevard County Medical Society, Board of Directors (2016-2018)
7. Arkansas Healthcare Access Foundation, Board of Directors

Q&A with Dr. Kaete Archer

Exclusive interview with Dr. Archer

Q: Why did you want to go into Facial Plastic Surgery?

A: It's interesting – I don't remember ever "choosing" medicine. I knew I was going to be a doctor from as early as I can remember. I grew up in a small community outside of Woodstock, Ontario and started ballet classes at four years old. My dad was an OB-GYN in Canada. He would go with me to ballet classes and I remember that we would stop at the hospital to and from the classes for him to round on patients. He never told me to become a doctor. It was just in my stars.

In medical school, I was drawn to head and neck surgery because of the complexity, intricacy, and delicacy of the anatomy and my love of procedures. It was a challenge that pushed me and was considered the toughest part of gross anatomy class. I was introduced to the sub-specialty of Facial Plastic Surgery in residency and worked with many amazing leaders and mentors in the field. My chairman was Dr. Robert Kellman and, at the time, he was the President of the AAFPRS. He played a critical role in introducing me to Facial Plastic Surgery. During residency, I did a medical trip to Vietnam with the AAFPRS FACE TO FACE: International team and worked with trauma patients, patients with congenital abnormalities of the face and neck, and cleft lip and palate, and it really opened my eyes at how powerful and transformative Facial Plastic Surgery can be. The cosmetic interest started at the end of my residency when I realized that I wanted to dedicate my life to men and women who want to make positive changes to their lives through Facial Plastic Surgery. Personally, I loved learning about medical skin care products, new injectables, cosmetic procedures and found it all as fun and exciting as trying out a new hairstyle!

Facial Plastic Surgeons at the time were very focused on surgery. No one was talking about the fact that the facial aging process is incredibly complex and therefore, addressing these issues needs to be multi-dimensional. A facelift isn't going to look natural if you lift the cheeks and jowls but the skin remains aged and sun damaged. The eye is going to tell the brain that something is off. A facelift isn't going to look natural if you lift the cheeks and jowls but the face is still filled with hollows, sallowness, and sunken areas. So, I started the conversation about Modern Facial Plastic Surgery. A surgeon should not be doing just surgery on the face. You need to incorporate the right sun protection, medical grade skin care, maintenance routines for skin health, vitamin supplementation for inside out health and wellness, volume, and anti-gravity procedures for comprehensive rejuvenation!

Yes – we aren't curing cancer – but we are helping with something just as powerful – something that can't be cut out – something that can change lives. And you know what? It's ok to change yourself. And it's ok to not.

Q: What do you love most about what you do?

A: I love the incredible capacity in Facial Plastic Surgery to improve people's lives and empower patients through positive changes whether it is repairing facial trauma, repairing a congenital deformity or undergoing a cosmetic procedure – which is the biggest part of my practice. Facial Plastic Surgery is a very personal and unique journey and it is an honor to be on that journey with my patients.

Q: What is unique about your approach to Facial Plastic Surgery?

A: My approach to Facial Plastic Surgery is called Modern Facial Plastic Surgery which is a comprehensive and multidimensional approach to the aging face and neck. The aging process is complex and multidimensional and therefore your treatment should be a well. In the past, Facial Plastic Surgeons were only focused on the surgical aspects of aging changes. What is missing in this is the many other dimensions of the aging process – photo-aging, collagen loss, pigment changes, loss of volume, gravity, skin laxity, and that rough skin texture. In my practice, we emphasize prevention and maintenance as much as treatment. Our goal is to create long term relationships with our patients and be their go to for not JUST face but EVERYTHING face. We talk about Modern Facial Plastic Surgery as more of a lifestyle and philosophy rather than just procedures. Patients should learn about the benefits of high quality skin care and cosmeceuticals, vitamins for inside out skin wellness, what makes a good sunscreen, and balance in our lives. All of this allows them to adopt a natural and graceful approach to aging while having procedures done overtime to feel better than ever.

Q: What changes have you seen in Facial Plastic Surgery?

A: Two main changes I have seen in Facial Plastic Surgery are the fact that patients are more educated than ever. They have all searched and done their research before coming into the office. Next is my shift to Modern Facial Plastic Surgery. We are not only looking for the most innovative techniques and technologies but also how to combine them to get the most advanced and comprehensive treatments and create treatment plans to address all of the signs of facial and neck aging.

Q: How do you develop long term relationships with your patients?

A: I create long term relationships with my patients by being meticulous, conservative, reliable, freely discussing expectations, and simply “taking care of my patients”. I am proud to have happy and healthy patients. We work hard to earn a patient's trust and develop those relationships rather than having them come in just for a quick procedure. I perform many procedures but that is only 1 aspect of facial rejuvenation, facial health and facial wellness. We get people on comprehensive protocols and programs to make sure they are taking the best vitamins to make their skin/hair/nails feel amazing, the best sunscreen to prevent sun damage, natural looking dermal fillers for volume, lifting procedures when needed to combat gravity and laxity, the highest quality cosmeceuticals and skin care to actually reverse photo-damage in the skin, regular microneedling and facial treatments to brighten skin, smooth skin texture, blend pigment, plump so much collagen. Sprinkle in some growth factors and platelet-rich plasma – and WOW we are taking your face and neck to a whole new level. The aging process doesn't stop so neither do we! That's why long-term relationships are so important for us.

Why choose Dr. Kaete Archer

Enhancing your Beauty through Specialization

Have you ever looked in the mirror and thought about plastic surgery? You are not alone. Whether cosmetic or reconstructive, there are many reasons to pursue a transformative procedure, and your journey through Facial Plastic Surgery is very personal. *We are here to listen.* We want to be on that journey with you, every step of the way. The first step on this journey is to choose a Facial Plastic Surgeon with training through the American Academy of Facial Plastic and Reconstructive Surgery (AAFPRS, www.aafprs.org). Dr. Archer has completed extensive training and exclusively performs procedures on the face, neck, and nose.

Dr. Archer's practice is a *luxury destination for facial wellness and rejuvenation* emphasizing *innovation, compassion, and dedication.* Dr. Archer builds long-standing relationships and creates a custom approach to each patient. She understands that your self-esteem and overall happiness is closely related to how you feel about your appearance. She transforms lives with a comprehensive approach that includes both surgical and non-surgical options that include the latest techniques that are customized to meet your unique needs and aesthetic goals.

Dr. Archer is passionate about organizations that fight for women's rights and that help victims of domestic violence. Dr. Archer is an international member of the Speak Out organization based in Pakistan. Speak Out helps women and children overcome violence and injustice and promotes education. She is proud to support local charities Serene Harbor, Sally's House and The Women's Center, that provide comprehensive services to meet the needs of women and children in crisis in Brevard County. Dr. Archer also participates with the Brevard Health Alliance to provide surgical services and coordinate medical care for the medically underserved.

What patients are saying

Dr. Archer Is easily one of the best I have met.

“For 13 years I have maintained a flight status for work which has taken me to, or over, five continents. Throughout 11 of those years I have also had the pleasure of taking part in, and commanding aircraft in, a number of training and real-world medical evacuation missions of Department of Defense personnel throughout the Pacific and Japan. I can say with full confidence that in all of that time, and out of all of those medical professionals Dr. Archer is easily one of the best I have met. She exudes a rare mix of sincerity, professionalism, and compassion, which many attempt but few employ as seemingly effortlessly. In my humble opinion Dr. Archer is a particularly rare example of physician and is a credit to your practice as well as your profession.”

Nicest, most intelligible and skillful doctor I have ever encountered

“This is literally the greatest medical facility I have ever set foot in. Dr. Archer is the nicest, most intelligible and skillful doctor I have ever encountered. She performed a compound skin graft and bifold flap on my nose that was bitten off by a dog, and she was somehow able to make my nostrils symmetrical, and the overall shape is identical to how it was before. In addition, she also performed a rhinoplasty while doing the other procedures and I couldn't be more happy with the outcome. The staff is all incredibly friendly and accommodating and they are up front and honest about their pricing. Honestly, you won't find a better place around, which is also the reason why I drive 2.5hrs...to go see them.”

Above and beyond

“Dear Dr. Archer and Wendy,
My genetics teacher said my lip looked like it was stitched by a Plastic Surgeon. Imagine her surprise when I said it was! You went above and beyond with your time and expertise. I am so appreciative. Thank you for your after-hours care. I am truly grateful.”

She is so talented and has an artistic eye for injectables.

“I was very fortunate to have had the opportunity to work beside Dr. Kaete Archer for one year. She is so talented and has an artistic eye for injectables. She will deliver a natural look, never overdone. You must meet Dr. Archer. She has a beautiful spirit!”

Dr. Archer is a very talented and caring surgeon.

“I was also very fortunate to work with Dr. Archer during her fellowship in our office. Not only did I work with her I was also her patient. She assisted on a couple of cosmetic surgical procedures I elected to have performed/amazing results. She also has a special talent in regards to injectables. Dr. Archer is a very talented and caring surgeon. Thank you, Dr. Archer.”

Amazing results of her surgical expertise

“Dr. Kaete Archer is not only beautiful but is also a very talented Plastic Surgeon. I had the opportunity to work with her & to see the amazing results of her surgical expertise. I highly recommend her to any one that is contemplating facial plastic surgery.”

Caring, compassionate, and detail oriented

“Dr. Archer is an extremely talented surgeon. She is caring, compassionate and detail oriented. The results from her work are amazing. I highly recommend her.”

Did a great job on my eyelids

“Dr. Archer performed my blepharoplasty, and I am very glad I was referred to her. She is extremely nice, was very informative, and most of all did a great job on my eyelids. She showed a high level of professionalism from the initial consultation all the way to the 4 week post procedure follow up. I was hesitant to get this procedure done, but my eyelids were affecting my site. I am extremely happy with the process and outcome. The entire staff at her office are equally as professional and were all very polite.”

Dr. Archer has lots of personality and talent

“Yesterday I met with Dr. Archer for a consultation on concerns I had with my aging face. Dr. Archer has lots of personality and talent, she was approachable, compassionate and realistic. She presented several options to me in a very detailed manner and took her time to explain pro's/con's of each. My time with her was very well spent and while I haven't yet scheduled a procedure with her, I certainly plan to and I know the outcome will be great. I totally trust her (not to mention she is so likeable!). Next, her staff was very professional and caring s well -- a lovely office setting -- the whole package! I highly recommend Dr. Archer and her team. Thank you!”

Dr. Archer and her staff are awesome!

Dr Archer and her staff are awesome! She is up to date on the latest techniques with regard to the latest non-surgical procedures; she listens to your concerns and makes sure she gives you the best results possible. She is personable and has a great "bed side manner". I highly recommend Dr. Archer!”

Warm, welcoming, professional

“Dr Archer and her staff are awesome! They are warm, welcoming, professional and take the time to address any/all issues and answer all questions. As a new patient with this office I was warmly greeted and helped by Coral and Megan. My appointment with Amy was exceptional. Not only did I learn a great deal about my skin and proper skin care, Amy gave me a phenomenal facial/microdermabrasion. Everyone including Dr Archer make you feel as if you are the only patient they have.”

Very professional and comfortable experience

“5 out of 5 stars. Yesterday I had lower lid surgery performed by Dr. Kaete Archer. What a lovey and talented associate of Dr. Diaz. My initial appointment was with Dr. Diaz and he shared, that in his opinion, Dr. Archer, who is a facial specialist, would be a better fit. After a through exam by both of them I agreed and chose Dr. Archer to do my surgery. She thoroughly explained the procedure{s} and gave me options that I didn't decide to do now, but may consider in the future. The office staff made the arrangements and everything went very smoothly. The day prior to

surgery (Sunday) I received calls from Jenna, the OR nurse to review all the preop instructions, what time to arrive, what to wear and shortly after Dr. Archer called to see if I had any questions or concerns. Monday morning I was greeted by Jenna and made to feel very comfortable and confident in her expertise. She shared with me her positive experiences with Dr. Archer, what beautiful work she does, and that she has "little gentle hands".... I loved that. Then I met Dr. Thesson (sp?), the anesthesiologist, again a person who filled me with confidence and peace of mind. He mixes a fine cocktail of drugs that put me to sleep, didn't make me sick, and woke me back up. I haven't taken any pain meds (not even Tylenol). I saw Dr. Archer today and will see her next Monday to remove stitches. My once baggy eyes are bruised, swollen, and look like I lost the boxing match but I'm so looking forward to not looking like I'm tired and grumpy all the time."

Procedures performed at Archer Facial Plastic Surgery

Insurance and Cosmetic Procedures

Insurance procedures

Biopsy and excision of facial skin cancer
Mohs skin cancer reconstruction
Functional rhinoplasty
Septoplasty
Turbinate reduction
Facial and neck scar revision
Otoplasty for protruding ears
Excision of facial lipomas
Excision of facial/neck cysts
Shave excision and biopsy of facial/neck/chest lesions
Repair of nasal bone fractures
Repair of facial fractures
Repair of facial lacerations

Cosmetic procedures

Facelift
Cheek lift
Neck lift
Submentoplasty
Lip lift
Lip advancement
Midface lift
Endoscopic brow lift
Lateral brow lift
Upper and lower blepharoplasty
Facial implants
Autologous fat grafting for facial deflation
Fractionated CO₂ laser
Dermabrasion
Chemical peel of face, neck, and chest
Platelet-Rich Plasma (PRP)
Kybella® for double chin
Liposuction under the chin and neck
Silhouette Instalift™
Botox®/Xeomin®/Dysport®
Dermal injections
Torn and stretched ear lobe repair
Gauge ear lobe defect repair
Homeopathic health and wellness vitamins
Sunscreen
Medical skincare

FACE TO FACE INTERNATIONAL: VIETNAM 2014

When we stepped off the plane in Ho Chi Minh City, we were welcomed by warm air and the smell of incense. On October 27-31, 2014, six AAFPRS surgeons with FACE TO FACE conducted a Facial Plastic Surgery Review Course at the Cho Ray Hospital in Ho Chi Minh City, Vietnam. The FACE TO FACE team has been participating in the Facial Plastic Surgery Review Course since its start in 1999. This year, about 200 participants registered for the course.

Cho Ray Hospital is the largest hospital in Vietnam with 1,200 beds. The hospital has a 3-year ENT residency with 5 residents a year. There are 15 ENT and 9 Plastic Surgery attendings. Serving over 9,000,000 people in Ho Chi Minh City alone, the hospital treats 67,000 inpatients yearly. Multiple patients share hospital beds. Visitors and outpatients sleep on straw mats in the halls and lobbies at nighttime, and the operating room is never quiet.

The FACE TO FACE trip was led by Dr. John Hodges of Memphis, TN. Other team members included Dr. William Truswell of Northampton, MA; Dr. Sherard Tatum of Syracuse, NY; Dr. Philip Young of Seattle, WA; Dr. Albert Fox of Dartmouth, MA; Dr. Kaete Archer of Syracuse, NY; and Tam Nguyen of Seattle, WA, who documented the trip with video and photography.

For the first 2 days of the course, we gave lectures on Facial Plastic and Reconstructive Surgery and interviewed surgical patients. The patients were all new to the team except for one smiling face. Yen suffered severe facial soft tissue trauma in a motor bike accident as a child. She was left with a disfiguring nasal deformity and extensive scars. Three years ago, Dr. Truswell and Dr. Fox with FACE TO FACE performed a near total nasal reconstruction using a paramedian forehead flap and conchal cartilage grafting. Over the last few years, she expressed gratitude and emailed pictures showing her smiling face alongside those of her students.

Over the next three days, we performed about 20 surgeries at Cho Ray Hospital and the ENT Hospital, including a revision surgery on Yen. We demonstrated scar revision, advanced rhinoplasty techniques including cleft lip nasal deformity, and aging face procedures. The operating room nurses and staff were efficient and accommodating. We had two surgical teams running simultaneously in one large room. Every case was streamed live into a lecture auditorium on closed circuit TV with two-way audio. Vietnamese physicians scrubbed every case and were extremely eager to learn. One evening we operated until 8 pm and the lecture hall was filled with about 150 participants observing the surgery until the very end.

During a tour of the ENT hospital, the Vietnamese staff proudly showed post-operative pictures of techniques they had learned from previous AAFPRS FACE TO FACE teams. They have been able to help numerous patients with beautiful surgical results while demonstrating humility and gratitude. Seeing how these trips have tangibly played a role in the advancement of Facial Plastic Surgery around the world was incredibly special.

At the end of each day, our hosts shared Ho Chi Minh City with us. We enjoyed traditional and rare Vietnamese foods, Vietnamese wine, motorbike rides to the Ben Thanh market for shopping, and even singing karaoke. Nothing could have prepared me for the amazing experience of my

first FACE TO FACE trip. I was filled with inspiration, reward, and was extremely honored to be a part of our FACE TO FACE team. We left Vietnam after embracing our old and new friends, and we look forward to returning soon.

FACE TO FACE INTERNATIONAL: VIETNAM 2017

On October 8-13, 2017, four AAFPRS surgeons with FACE TO FACE participated in a Facial Plastic Surgery Review Course at the ENT Hospital and Cho Ray Hospital in Ho Chi Minh City, Vietnam. The FACE TO FACE team has been participating in the Facial Plastic Surgery Review Course since its start in 1999. This year, over 100 participants registered for the course.

The ENT Hospital serves over 9,000,000 people in Ho Chi Minh City alone and is dedicated to ENT/Plastic Surgery. The hospital treats about 3,000 patients per year in the Plastic Surgery Department. There are 57 ENT physicians and 3 Plastic Surgery attendings at the ENT Hospital.

The FACE TO FACE trip was led by Dr. John Hodges of Memphis, TN and Dr. Albert Fox of Dartmouth, MA. Other team members included Dr. Philip Young of Seattle, WA and Dr. Kaete Archer of Melbourne, FL. Several other surgeons including Dr. Eduardo Yap from the Philippines also participated in the course.

The course began with clinic at the ENT Hospital to select surgical patients. We evaluated patients with a combination of reconstructive and cosmetic issues including cleft lip nasal deformity, augmentation rhinoplasty, Asian blepharoplasty, and eyelid ptosis. Over the next 4 days, we performed surgery in the mornings and presented Facial Plastic Surgery lectures in the afternoons at the ENT Hospital. On the fifth day of the course, we were welcomed at Cho Ray Hospital, performed surgery and gave several lectures to the ENT and Plastic Surgery Departments. These surgeries included static repair for facial nerve paralysis, facial trauma, cleft lip nasal deformity, and reconstructive rhinoplasty. At both hospitals, the cases were streamed live into a lecture auditorium on closed circuit TV with two-way audio allowing the audience to interact with the surgeons.

At the end of each day, our hosts shared Ho Chi Minh City with us. We enjoyed traditional Vietnamese food and wine, Vietnamese history and sight-seeing, visited the beach and shopped at the Ben Thanh market. We were filled with inspiration, reward, and were extremely honored to be a part of this FACE TO FACE team.

After returning to the United States and reflecting on the trip, we decided that our favorite part was experiencing the camaraderie between our group and the Vietnamese teams. We enjoyed discussing surgeries and laughing around the dinner table. It is so much fun to come home with new tips and tricks that we learned from each other as well as from our Vietnamese colleagues! We look forward to our next trip in 2019 and hope to see you then!

Contact us

Thank you for learning about our philosophy, Modern Facial Plastic Surgery, a comprehensive and graceful approach to beauty. We are excited to discuss your options and answer questions.

With many convenient options to reach us, we make it as easy as possible for our patients to contact us for an appointment:

1. Phone: **321-218-4577**
2. Email: **drarcher@archerfacialplastics.com**
3. Schedule directly from our website: **www.archerfacialplastics.com**
4. Message us on social media:
 - a. Instagram **@archerfacialplastics**
 - b. Twitter **@ArcherMD**
 - c. Facebook **Kaete Archer, MD**

We can't wait to meet you!

Love,

Archer Facial Plastic Surgery

