



Medications to Hold For Allergy Skin Prick Testing

Over the Counter Antihistamine (Hold for 5 days Prior to Testing)

- Zyrtec (Cetirizine)
- Claritin (Loratadine)
- Allegra (Fexofenadine)
- Xyzal
- Benadryl (Diphenhydramine)
- Chlor-Trimeton (Chlorpheniramine, Actifed)
- NyQuil, Robitussin Night Cold, Tylenol Flu Night Time (contains Doxylamine)
- Tylenol or Advil PM (contains Diphenhydramine)

Prescription Antihistamine (Hold for 5 days Prior to Testing)

- Atarax (Hydroxyzine)
- Xyzal (Levocetirizine)

Prescription Nasal Spray (Hold for 5 days Prior to Testing)

- Azelastine Nasal Spray
- Astelin Nasal Spray
- Patanase Nasal Spray
- Olopatadine Nasal Spray
- Dymista Nasal Spray

Prescription Eye Drop (Hold for 5 days Prior to Testing)

- Patanol Eye Drop
- Zaditor Eye Drop
- Optivar Eye Drop
- Elestat Eye Drop



Over the Counter Eye Drops (Hold for 5 days Prior to Testing)

- Visine A Eye Drops
- Op-Con A
- Naph-Con A
- Zaditor Eye drop
- Alaway Eye Drop

Medications That You May Continue & Should Not Interfere with Testing

- Saline Nose Spray
- Steroid Nose Spray (Flonase, Nasacort, Nasonex, Rhinocort)
- Afrin Nose Spray
- Singulair (Montelukast)
- Mucinex
- Asthma Inhalers
- Asthma Nebulizer Treatments
- Plain Sudafed (without Allegra, Claritin, Zyrtec)

If you have any questions concerning medications you may be taking please
contact our office at 626-793-2246.