FAIRFAX COLON & RECTAL SURGERY

COLORECTAL / ANORECTAL PHYSIOLOGY & SURGERY

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Patients Taking Diabetes or Weight Loss Medications (GLP 1/SGLT 2)

Patients taking these medicines must follow a clear liquid diet 24 hours before their procedure. These medicines can slow down digestion and may cause nausea, vomiting, or constipation. This can make it harder to clean the colon properly and may cause problems during anesthesia.

MEDICATIONS:

GLP-1 CONTINUE IF TOLERATING (tolerating=not experiencing side effects; nausea/vomiting/constipation)

- Ozempic, Wegovy, Rybelsus (semaglutide)
- Mounjaro, Zepbound (tirzepatide)
- Victoza (liraglutide)
- Trulicity(dulaglutide)
- Byetta(exenatide)
- Adlyxin (lixisenatide)

SGLT-2-HOLD MEDICATION BEGINNING 3 DAYS BEFORE PROCEDURE

- Bexagliflozin (Brenzavvy)
- Canagliflozin (Invokana)
- Canaligflozin/metformin (Invokamet)
- Canaligflozin/metformin XR (Invokamet XR)
- Dapagliflozin (Farxiga)
- Dapagliflozin/metformin XR (Xigduo & Xigduo XR)
- Dapagiflozin, saxaglipitin (Qtern)
- Dapagliflozin/saxaglipitin/metformin (Qternmet XR)
- Empagliflozin (Jardiance), Empagliflozin/metformin (Synjardy)
- Empagliflozin/metformin XR (Synjardy XR)
- Empagliflozin/linagliptin (Glyxambi)
- Empagliflozin/linagliptin/metformin XR (Trijardy XR)

HOLD MEDICATION 4 DAYS PRIOR TO PROCEDURE:

- Ertugliflozin (Steglatro)