Virginia Pediatric Group, Ltd.

Preventative Well-Check Visit Schedule

AGE	Labs/Screening	Immunizations
Newborn	-Safe Environment for Every Kid (SEEK) Screen -Sign up for portal access* Your child's medical record including labs, vaccines, growth charts, visit notes are available on the portal. Surveys may be accessed ahead of each visit. Providers may be messaged directly about your child's care.	-Hepatitis B #1 (if not done in hospital)
Newborn/Lactation 3-5 days	-Lactation consultation & weight check	-None
Newborn/Lactation 12-14 days	-Lactation consultation & weight check	-None
1 month	-Edinburgh Postpartum Depression Screen -Review Newborn Metabolic Screen	-Hepatitis B #2
2 months	-Edinburgh Postpartum Depression Screen	-Pentacel: DTaP (Diphtheria, tetanus, pertussis), IPV (Polio), Hib (Haemophilus influenza type B) -Prevnar: PCV 20 (pneumococcus) -Rotavirus, given orally
4 months	-Edinburgh Postpartum Depression Screen	-Pentacel: DTaP (Diphtheria, tetanus, pertussis), IPV (polio), Hib (Haemophilus influenza type B) -Prevnar: PCV 20 (pneumococcus) -Rotavirus, given orally
6 months	-Edinburgh Postpartum Depression Screen -Safe enviroment for every kid (SEEK) Screen	-Pentacel: DTaP (Diphtheria, tetanus, pertussis), IPV (polio), Hib (Haemophilus influenza type B) -Prevnar: PCV 20 (pneumococcus) -Rotavirus, given orally -Flu & Covid vaccine, if in season
9 months	Ages + stages (ASQ 9 Months)	-Hepatitis B #3 -Flu & Covid vaccine, if in season
12 months	-Safe Environment for Every Kid (SEEK) Screen -Ocular Photoscreening -Anemia, lead screen (risk based)	-MMR (measles, mumps, rubella) -Varicella -Flu & Covid vaccine, if in season
15 months		-DTaP (Diphtheria, tetanus, pertussis), -HiB (Haemophilus influenza type B) -PCV 20 (pneumococcus) -Flu & Covid vaccine, if in season
18 months	-MCHAT	-Hepatitis A #1 -Flu & Covid vaccine, if in season
24 months (2 years)	-Safe Environment for Every Kid (SEEK) Screen -MCHAT -Ocular Photoscreening -Anemia, lead screen, lipid screen (risk based)	-Hepatitis A #2 -Flu & Covid vaccine, if in season
30 months	-Ages + Stages (ASQ 30 month) -Safe Environment for Every Kid (SEEK) Screen	-Flu & Covid vaccine, if in season
36 months (3 years)	-Early Childhood Screening Assessment -Safe Environment for Every Kid (SEEK) Screen -Ocular Photoscreening	-Flu & Covid vaccine, if in season

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Preventative Well-Check Visit Schedule
(*continued*)

48 months (4 years)	-Early Childhood Screening Assessment -Safe Environment for Every Kid (SEEK) Screen -Hearing and vision screens	-Kinrix: DTaP (Diphtheria, tetanus, pertussis), IPV (polio) -MMR (measles, mumps, rubella) -Varicella -Flu & Covid vaccine, if in season
5 years	-Safe Environment for Every Kid (SEEK) Screen -Early Childhood Screening Assessment -Hearing and vision screens	Catch up on 4 year old vaccines. -Flu & Covid vaccine, if in season
6 years	-Safe Environment for Every Kid (SEEK) Screen -Early Childhood Screening Assessment -Hearing and vision screens	-Flu & Covid vaccine, if in season -HPVA#1
7-10 years	-Pediatric Symptom Checklist (PSC 17) -Hunger vital sign screen -Hearing and vision screens -Lipid screen (once between age 9-11 years)	-May start Gardisil starting at 9 years old -Flu & Covid vaccine, if in season
11 years	-Pediatric Symptom Checklist (PSC 17) and SDOH -Hearing and vision screens -Lipid screen (once between age 9-11 years)	-MCV4 #1 -Gardisil HVP9 #1 -Tdap (Tetanus, Diphtheria, Pertussis)
12-15 years	-Patient Health Questionnaire 9 (PHQ9) and SDOH -Hearing and vision screens -Labs (risk based) -Private teen/provider-time requested	-Flu & Covid vaccine, if in season -Gardisil HPV #2 (3rd dose will be needed if started after age 15 years.) -Flu & Covid vaccine, if in season
16-17 years	-Patient Health Questionnaire 9 (PHQ9) and SDOH -Hearing and vision screens -Labs (risk based) -Private teen/provider-time requested	-MCV4 #2 -Consider Bexero Men B (2 doses) -Flu & Covid vaccine, if in season
18-21 years	-Patient responsible for own health, parents only involved with written permission from patient. -HIPAA form will be completed starting at 18 years. -Patient Health Questionnaire 9 (PHQ9) and SDOH -Hearing and vision screens -Labs done on risk based	-Consider Bexero Men B -Flu & Covid vaccine, if in season
Over 21 years old	-Only seen for transitional visits to adult provider	-Discuss routine vaccines and next Tdap.