

Cataract surgery recovery

Cataract surgery is one of the most common eye surgery procedures performed in the United States. It is widely accepted as a safe, effective solution to vision impairment caused by **cataracts**.

Cataract surgery New Jersey and New York is an outpatient procedure in the vast majority of cases. It takes only a matter of minutes and involves making a tiny incision in the lens of the eye and using high-frequency sound waves to break up the affected lens. Then, the lens material is removed and the incision is either closed without lens replacement or a plastic lens called an intraocular lens (IOL) is implanted where the lens used to be. The result for millions of people is clear, unimpaired vision.

The Cataract Surgery Recovery Process

Cataract surgery recovery begins immediately following your surgery. The eye begins to repair itself instantly after the procedure and most people can resume normal activities that same night. After surgery, you will need to be driven home by a friend or family member, since your vision will be briefly impaired. Driving can be resumed as soon as the next day, based on approval from your doctor after a post-operative exam.



Some patients report improved vision as quickly as the day of surgery, but most people take up to a week to see clear results in their vision. Full cataract surgery recovery can be expected in two to six weeks. During this time, it is important to keep your eye protected from injury.

Is Cataract Surgery Recovery Painful?

Most patients report little to no discomfort during or after cataract surgery New Jersey and New York. During the procedure, anesthesia is used locally to numb the area. Afterwards, some patients may experience mild redness of the affected eye or an itching sensation. Your **cataract surgeon** will provide you with eye drops and a protective eye shield to prevent complications or injury of the area during sleep. These must be used during the first week of cataract surgery recovery in order to ensure proper healing and to keep you from scratching at night.



Possible Complications during Cataract Surgery Recovery

As with any surgical procedure, there are risks involved. Complications from cataract surgery are rare, however, with significant complications occurring in less than one percent of patients. The following is a list of possible complications from cataract surgery and IOL implantation:

- Infection of the eye
- Bleeding
- High eye pressure
- Lens damage or displacement

- Retinal detachment
- Corneal swelling
- Droopy eyelids
- Clouding of the cornea
- Loss of eye or blindness

As stated above, most of these complications are extremely rare.

How Can 5th Avenue Eye Center Help?

When you make your appointment with [Dr. Cohen](#) at the [5th Avenue Eye Center](#), he'll take the time with you to explain the risks of cataract surgery to put your mind at ease. He's a leading New York and New Jersey eye surgeon and has performed thousands of successful cataract procedures. If you live in or around the New York or New Jersey area and are interested in cataract surgery, [contact our office today](#). We have several [locations](#) so that getting here will be convenient from almost anywhere in the Tri-State area.

We always welcome your calls at (212) 764-2020 or (866) 731-3937!

