

# Definitions of MASLD, MetALD and ALD

**MASLD:** metabolic dysfunction-related steatotic liver disease

**MetAld:** MASLD and alcoholic liver disease

**ALD:** alcoholic liver disease

CONDITION	ALCOHOL USE (WOMEN)	ALCOHOL USE (MEN)	METABOLIC DYSFUNCTION REQUIRED?
MASLD	≤140 g (10 drinks) /week = < 1.5/day	≤210 g (15 drinks)/week = < 2/day	Yes
MetALD	140–350 g (25 drinks)/week = 1.5 to 3.5/day	210–420 g (15-30 drinks)/week = 2 to 4/day	Yes
ALD	>350 g/week = > 3.5/day	>420 g (30+ drinks)/week = > 4/day	No



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