

Houston Gastro-Intestinal and Liver Clinic, P.A.

Sreelatha Reedy, M.D.
3030 South Gessner Rd, Suite 120, Houston, TX 77063
713-773-1800 (Phone) 713-773-1809 (Fax)

** COLONOSCOPY INSTRUCTIONS **

Procedure Date: _____ Arrival Time:

Procedure Location: 3030 So. Gessner Rd, Suite 150, Houston, TX 77063
Phone: 713-587-0909

Follow-Up Appt: _____ in office @3030 So Gessner,
Suite 120

PRE-REGISTRATION: See Attached Sheet

- ❖ Five (5) days prior to your procedure you should DISCONTINUE all Anticoagulants (Blood Thinner) and Aspirin/Aspirin products such as: Plavix, Coumadin, Warfarin, Xarelto, Effient, Eliquis, Pradaxa, Aspirin, Advin, Excedrin, Aleve, Ibuprofen, Naproxen, Ecotrin, Fish Oil, Omega 3, Vitamin E and Iron.
- ❖ You must be on a Clear Liquid Diet for two (2) days on _____ and _____.

****Please see attached page for Clear Liquid Diet****

- ✓ If you are Diabetic and take tablets, **DO NOT TAKE** them these two days of liquid diet
- ✓ If you are Diabetic and take Insulin, **ONLY TAKE HALF** of your dose these two days of liquid diet
- ❖ **Bowel Preparation**- Please follow the direction given by your physician's office
- ❖ You must be NPO (Nothing to Eat or Drink) after midnight the night before the procedure
- ❖ Do Take all other medications the morning of your procedure with a **sip of water**

A companion must accompany you or be available to transport you home from the recovery room.

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You will not be allowed to drive yourself home after the procedure and should not plan to return to work or school. Do not do important paper work or operate machinery.